

Newsletter SOLID GROUND



VOLUME #117

August Events

August 20: Membership Meeting:
Women's Hormone Health at YMCA
Briargate

September Events

September 3: Board Meeting for the
current and incoming board
members (Bryan Construction)

September 18: 2026-2027 Board
Installation & Awards Ceremony at
the Penrose Club at the Broadmoor
World Arena



2026
August



A Message From Our Colorado Springs Chapter 356 President

Samantha Walter
Bryan Construction

The August newsletter is coming to you later than usual this month as President Elect Jessica O'Connell, incoming Recording Secretary Aileen Berrios, and I are just finishing up the 71st Annual Conference in Reno, Nevada.

There were 581 attendees this year with 234 being first time attendees. We were welcomed to Reno by the Indigenous Industry Council and Hilary Schieve, bipartisan mayor serving consecutively for the past 12 years. National President Rita Brown updated us with the state of NAWIC, highlighting that they have launched new revenue programs, created educational platforms, and have been working to build stronger chapters and leaders during her term. Past National President Doreen Bartoldus reported that NFSF had 348 eligible applicants and they were able to award 210 scholarships for 2026.

At the awards breakfast Friday morning, the Las Vegas chapters Block Kids winner took first place at the national level. Hawaii chapter member, Joan Nacino was installed as our PSW Region Director at the installation lunch. San Diego member and PSW Region President Mentor, Carol Hutchinson, was presented with the She Leads Legacy Award along with Sarah Lopez, also with the San Diego chapter, being awarded the Carol A. Kueker Construction Education Visionary award at the evening Awards Gala. The Pacific Southwest Region was well represented on the national level this year and it's another testament that we are a strong region.

Attending this year's conference has me looking forward to sharing ideas from other chapters and to see how we as a chapter can continue to be stronger together in the coming year.

- Samantha



Sporting Clay Shoot Fundraiser Success!

Thank you to everyone who participated in and supported our inaugural NAWIC Colorado Springs Chapter 356 Sporting Clay Shoot Fundraiser! Thanks to your generosity, we raised just over \$3,500 to benefit the Chapter Scholarship Fund, the Katie Trapp Conference Fund, and our mission to enhance the success of women in the construction industry.

A special thank you to our Fundraising Committee for their dedication and countless hours of planning:

- Jessica O'Connell
- Elysa Matthews
- Ashley Stoeber
- Katie Trapp
- Samantha Walter

We also want to recognize our amazing day of volunteers who helped make the event run smoothly:

Jen Repa
Lela Nemmers
Thereasa Lausell

We couldn't have done it without the support of our members, volunteers, sponsors, and participants. Thank you for helping make this event such a success!



Be sure to watch for our next Sporting Clay Shoot Fundraiser coming in May 2027.



Sporting Clay Shoot Fundraiser Success!



Next Sporting Clay
Shoot Fundraiser
May 2027



NAWIC 356



WEBSITE: NAWIC356.ORG

THE NAWIC PLEDGE

**As material for the construction
of our building, I pledge the
agility of my hands, the ability
of my mind, and the integrity of
my heart.**

- Alice Ashley

Founding member of Women in
Construction of Fort Worth 1953



GRAB YOUR SWAG!



If you are experiencing difficulty covering the cost of the meeting, please don't hesitate to reach out to our Chapter President, Samantha Walter, for assistance. We want to ensure everyone has the opportunity to participate.

*Register
Now*

NAWIC Colorado Springs Chapter 356
August Membership Meeting



August

MEMBERSHIP MEETING

Graceful Care Primary Services

NAWIC Colorado Springs

Women's Hormones Health

Alicia Lewis, FNP-C will discuss women's hormone health and how it impacts every aspect of our lives — energy, mood, sleep, weight, vitality, and long-term wellness.

Discover the benefits of Hormone Replacement Therapy (HRT):

- Improved energy and reduced fatigue
- Better mood balance and mental clarity
- Enhanced sleep quality
- Support for healthy weight management
- Increased confidence and overall vitality
- Long-term health protection

August 20th 5:30-8:30 PM
Location: YMCA Briargate, Colorado Springs

Please note: There are no refunds for cancellations or no-shows



NAWIC 356



WEBSITE: NAWIC356.ORG

**Nominations are now open for
the 2026 NAWIC Colorado
Springs Member Awards!**

Awards are given to our chapter
members each year for:

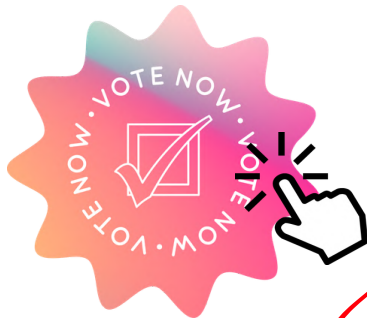
Apprentice Member of the Year
JourneyWoman Member of the Year
Chapter Lifetime Achievement Award
Spirit Award

We'll also be recognizing one of this
year's amazing sponsors with the
Corporate Sponsor of the Year Award

The award criteria and all eligible
members are listed under their
respective categories. Select your
nominee and provide a short written
reason for nominating them.
It's that easy!

Use the link in the vote now button
below to access the awards
nomination form.

**Nominations are due Monday,
August 31, by Midnight MST**



Colorado Springs Chapter

**2026-2027
NAWIC BOARD
INSTALLATION & AWARDS**

*Let's celebrate our accomplishments, recognize
our members, and welcome the 2026-2027
NAWIC Board!*



**THURSDAY
SEPTEMBER 17, 2026**



5:30 PM
Check-in & Networking
Dinner & Program to Follow



**PENROSE CLUB
AT WORLD ARENA**
3185 Venetucci Blvd.
Colorado Springs, CO 80906



DRESS CODE
Business Casual
Cocktail Attire

Dinner Menu

- Lemon Garlic Chicken
- Honey Glazed Pork Loin
- Rosemary & Garlic Roasted Red Potatoes
- Fresh Green Beans & Pearl Onions
- New York-Style Cheesecake



CASH BAR
WILL BE AVAILABLE

EARLY REGISTRATION

\$35 PER PERSON

REGISTER BY SEPTEMBER 3
TO RECEIVE THE SPECIAL \$35 RATE!

BEGINNING SEPTEMBER 4

\$45 PER PERSON

**A
\$95
VALUE!**



This will be open to members, sponsors, guests of members.
No limitation on guests, aside non adult children.



Thanks to the success of our
fundraising efforts and
continued chapter support,
we're able to offer this special
evening at a significantly
reduced cost. Your dinner and
event experience are a **\$95 value!**

★ *Celebrate. Recognize.* ★
★ *Inspire. Lead.* ★

Help us honor the past,
celebrate the present, and
inspire the future of NAWIC!

We look forward to celebrating with you!

Please note: There are no refunds for cancellations or no-shows



NAWIC 356



WEBSITE: NAWIC356.ORG

Electrical Roll-Up Initiative

OSHA is launching a new initiative focused on preventing electrical incidents resulting in injuries and fatalities. The Electrical Roll-Up Initiative:

- Highlights the need for construction sites to inspect electrical cords and Ground Fault Circuit Interrupters (GFCI), extension cords and power tool cords.
- Provides basic inspection and maintenance guidelines for construction contractors on common electrical issues related to extension cords and power tools.
- Allows participants to identify defective equipment during the “Roll-Up” and note the defect rate of equipment inspected and removed from service.



Safety Shout-Out Challenge

Get workers involved in safety recognition with the Safety Shout-Out Challenge. Safety Shout-Outs provide immediate recognition, make workers more aware of their daily safety actions, and can reinforce teamwork and collaboration. Celebrate your workplace participation in the Safety Shout-Out challenge by downloading your challenge coin. Share a Safety Shout-Out success story on social media with [#SafetyShoutOut](#) and [#SafeAndSoundAtWork!](#)



LEARNING & DEVELOPMENT

Leadership Academy Registration is Open Now!



Ready to ignite your potential? Registration for the Fall Cohort is open NOW! This eight-week course builds strategic skills, communication, negotiation, team building, and personal branding. A select number of registrants (regardless of membership) will be randomly chosen to receive a \$2,000 professional development award after completing all required course components for the 2026 Fall Leadership Academy.



What's Happening in August



Colorado Day
August 1



Women's Equality Day
August 26



National Dog Day
August 26



CONSTRUCTION- RELATED NON- NAWIC UPCOMING EVENT

SEPTEMBER 10, 2026



Southern Colorado Construction Career Days (SCCCD) is an annual hands-on event designed to introduce high school students to the wide range of career opportunities available in the construction industry.

The 2026 event will take place on **Thursday, September 10, 2026**, at the *Norris Penrose Event Center* in Colorado Springs. Hosted in partnership with local contractors, industry leaders, and educators, this dynamic event gives students the chance to explore trades such as carpentry, electrical, heavy equipment operation, masonry, and more. Unlike a traditional career fair, SCCCDC is all about experience. Students participate in interactive learning labs where they can operate machinery, try out tools, and engage directly with skilled professionals. **The goal is simple: inspire the next generation to consider rewarding, high-demand careers in construction while helping address the industry's workforce shortage.**

Volunteer Opportunities SCCCDC relies heavily on industry volunteers to make the event a success. Volunteers are needed to help with registration, setup, takedown, lunch, traffic control, group leadership, and activity stations. Whether you're a seasoned professional or early in your career, volunteering is a meaningful way to give back, share your knowledge, and help shape the future of the industry.

Sponsors gain visibility and the opportunity to connect with future talent. Sponsorship plays a vital role in bringing SCCCDC to life. Contributions help fund breakfast, lunch, and overall event operations. Levels range from in-kind donations and \$500 snack sponsorships to \$5,000+ platinum sponsorships. Benefits may include recognition on the website and social media, ads in the Career Guide, event signage, opportunities to provide branded materials, and participation in event activities or announcements. By supporting SCCCDC, your organization is investing in workforce development and strengthening the construction industry in Southern Colorado.

Get Involved! Whether through volunteering, sponsoring, or simply spreading the word, your participation makes a lasting impact.

Together, we can build pathways to success for the next generation of construction professionals.

<https://www.sococareerdays.com/>

***VOLUNTEERS
needed***



**DONATE
NOW**



NAWIC 356



WEBSITE: [NAWIC356.ORG](https://www.nawic356.org)

Thank You

**To Our Corporate
Sponsor Partners!**

CORNERSTONE



ARCHITECT



FRAMEWORK



FOUNDATION



BUILD IT UP!

Support women in construction and make a difference in our community! Your sponsorship helps fund educational programs, student competitions, professional development, and networking events.

Sponsorship Levels:

- Cornerstone: \$3,000
- Architect: \$2,000
- Framework: \$1,500
- Groundbreaker: \$500
- Foundation: \$250*

*Foundation level is for women-owned businesses or small companies.

Your support empowers the next generation of women in construction while giving your company visibility and networking opportunities.



NAWIC
The National Association of
Women in Construction

Colorado Springs



Scan or click on the QR code above to
get started today

Advertising in Solid Ground can elevate your business!

Size	Price
Quarter-Page	\$75
Half-Page	\$150
Full-Page	\$200

With your purchase of advertising,
you are free to change your Ad
throughout the year.



To get your Ad in next
month's newsletter, scan
or click this QR code

B Sharp Painting

Color Your World INSIDE & OUT

Professional Painting Done Right - With precision, professionalism and a painter's touch that lasts.

Color transforms everything – from mood to light to how your home feels the moment you walk in. At B Sharp Painting, we bring your vision to life with careful prep, clean lines, and lasting finishes. Whether you want a cozy refresh or a full-room makeover, we make it simple, smooth, and stunning.

Our Services

- Interior & Exterior Painting • Cabinet Refinishing & Enameling
- Deck & Fence Staining • Drywall & Siding Repair
- Light Carpentry & Trim Work • Color Consultations & Special Finishes

Contact Us Today

■ (719) 357-4573

■ www.bsharppainting.com

■ bsharppainting@gmail.com

■ Serving the Colorado Springs area – from Woodland Park to Calhan, Parker to Pueblo

CREATING SPACES THAT REFLECT YOUR UNIQUE SELF.

Leadership & Team Alignment for Trades & Construction

Strengthening Leaders, Teams, Culture



Workforce Readiness & Partnership:

- Customized Workshops & Interactive Learning Sessions
- Keynote & Offsite Leadership Talks
(see website for topics)
- Spanish for Industry | ESL for Industry
- Organizational Development/HR Support
- Coaching & Leadership Development (Leaders at all Levels)
- Strengths-Based Development with CliftonStrengths®

*Bilingual - English & Spanish



Jen Cáceres has over 10 years experience working with owners and leaders in trades and construction.

She specializes in partnering with leaders who are navigating the different generations at work, struggling with culture, engagement, and retention while trying to lead from who they've become today.



PYRAMID CONSTRUCTION INC.

YOUR ROAD BEGINS HERE.

ASPHALT - CONCRETE - GRADING - TRUCKING



**FAMILY OWNED AND
OPERATED SINCE 2002**



INFO@PYRAMIDCONSTRUCTIONINC.COM

719-635-3563



**Performance.
Partnership.
Design.**



**Windows & Doors
of Colorado Springs**

**719.634.6151
PellaMVP.com**