

Newsletter  
**SOLID GROUND**



VOLUME #113

**April Events**

**April 2:** Board Meeting (Bryan Construction)

**April 10:** Deadline for Spring Forum Safety Award (see p. 3)

**April 16:** April Membership Meeting (Villa Sport Athletic Club and Spa)

**April 21:** Regular Registration Closes for PSW Spring Forum

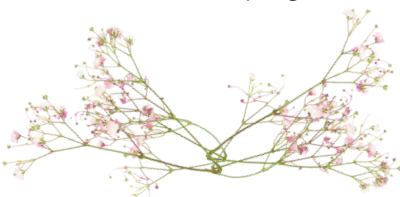
**May Events**

**May 7:** Board Meeting (Bryan Construction)

**May 13-15:** Pacific Southwest Spring Forum (Los Angeles, CA)

**May 18:** Early Bird Registration Window Closes - NAWIC 71<sup>st</sup> Annual Conference (Reno, NV)

**May 21:** May Membership Meeting (Timberline Landscaping)



April 2026



**A Message From Our Pikes Peak Chapter 356 President**

**Samantha Walter**  
Bryan Construction

Spring is in the air and like the change in the season our chapter brings new growth and a fresh start for April.

Our members' voices were heard in February and the vote to transition our chapter name back to its originally chartered name, **NAWIC Colorado Springs**, is in the works.

I'm also pleased to share that **Naomi Kidd** will be filling the recording secretary position and **Stephanie Lectrec** will be transitioning to the treasurer position on the board for the remainder of the 2025-2026 year.

The fundraising committee has been hard at work to establish a new overall fundraising activity for our chapter and they have decided to hold a clay shoot. This event will be held to raise funds for the Pikes Peak Chapter's scholarship fund, the **Katie Trapp Conference Fund**, which allows chapter members to attend conferences to educate themselves and build their technical skills in order to advance their careers in construction. It also supports the chapter with NAWIC's core purpose to enhance the success of women in the construction industry.

This event is planned for Friday, July 17, 2026, and will be the primary event for membership involvement in lieu of a membership meeting for July. More details are being decided and information, sponsorship and volunteer opportunities, and registration for the event will be coming soon.

While we've had some bumps along the way this year, I'm proud of all that our chapter has overcome and the new ideas that are being cultivated to support our growth. Happy Spring!

- Samantha



## April Membership Meeting - "Voice of the Customer"

**When: Thursday - April 16, 2026**

**Location:** Villa Sport Athletic Club & Spa   
5904 Schooner Dr., Colorado Springs, CO 80923

**Time:** 5:30 - 8:30pm

**Cost:** \$25 – Members | \$35 – Non-Members

**RSVP via Zeffy by Monday, April 13, 2026 at Noon**



**Networking & Catered Dinner 5:30-6pm**

**Presentation & Tour - 6pm**

**Monthly meeting to begin directly after tour - until 8:30pm**

Join us for our April meeting featuring special guest speaker **Ashlee Sacdalan**, General Manager at Villa Sport Athletic Club and Spa, who is currently leading her facility through a major renovation and construction project.

This month's topic provides a unique and valuable perspective from the other side of the jobsite. Ashlee will share firsthand insight into what it's like to be the customer during an active construction project - while still being responsible for serving her own members and guests.

Discussion around:

- The real-time challenges of operating during construction
- How construction impacts staff, members, and daily operations
- Ways contractors can be more mindful and proactive
- "Low-hanging fruit" improvements that make a big difference in customer experience
- How we can be better partners and stewards while working on occupied properties

This is a great opportunity to strengthen our understanding of the client experience and walk away with practical, actionable takeaways that can be applied to our own projects immediately.

**Important NOTE:** This meeting will take place on an active construction site, and **PPE is required - Safety Vest - Hard Hat - Safety Glasses - Closed Toe Shoes** (\*If you need assistance with any PPE, please let us know in advance and we will be happy to help.)

This event is perfect for NAWIC members, as well as contractors, developers, engineers, inspectors, project managers, and environmental professionals. We encourage NAWIC ladies to attend — and invite colleagues and industry partners to join us.

**Please note: There are no refunds for cancellations or no-shows**

## THE NAWIC PLEDGE

**As material for the construction of our building, I pledge the agility of my hands, the ability of my mind, and the integrity of my heart.**

**- Alice Ashley**

Founding member of Women in Construction of Fort Worth 1953



**GRAB YOUR SWAG!**



**How fun is this NAWIC Dress!?**



\*If you are experiencing difficulty covering the cost of the meeting, please don't hesitate to reach out to our Chapter President, Samantha Walter, for assistance. We want to ensure everyone has the opportunity to participate.



# SAFETY AWARD

NAWIC Pacific Southwest Region

### Why?

The NAWIC Pacific Southwest Region Safety Awards honor companies and professionals who demonstrate outstanding commitment to jobsite safety, risk prevention, and a culture of accountability within the construction industry.

Gain regional recognition for your safety achievements while highlighting your company's commitment to best practices, strengthening your reputation with clients and industry peers, and celebrating your team's hard work and leadership.

**Deadline:**  
**April 10<sup>th</sup>, 2026**



**\*Open to NAWIC member companies. Top three winners will be awarded at the 2026 PSW Region Forum in Los Angeles.**

### Who?

Applications are encouraged from organizations and individuals within the Pacific Southwest Region who Exemplify strong safety performance, innovation in hazard prevention, and measurable safety results. The company must employ at least one NAWIC member.

### What?

The sixth annual Pacific Southwest Region safety award to be presented at the 2026 PSW Spring Forum.

### APPLICATION FORM

[tinyurl.com/PSWsafetyaward](https://tinyurl.com/PSWsafetyaward)



**Scan the QR Code to Download the Application Today!**

Submit by: **April 10, 2026**  
Where: [narda.reyes@elljay.com](mailto:narda.reyes@elljay.com)

### Questions?



**Narda Reyes**  
PSW Safety Chair  
[narda.reyes@elljay.com](mailto:narda.reyes@elljay.com)  
714-961-1173



**Corrie Chan**  
PSW Safety Co-Chair  
[cchan@ehsinc.org](mailto:cchan@ehsinc.org)  
949-297-3813

## OSHA & SAFETY COMMITTEE



Check out [this link](#) created by **Narda Reyes** and **Corrie Chan**, PSW Region Safety Chairs, that you can utilize for your convenience!



## PACIFIC SOUTHWEST SPRING FORUM MAY 13-15

*Where Women Leaders in Construction  
Connect, Learn, and Lead*

Hotel Indigo Los Angeles Downtown  
899 Francisco St., Los Angeles, CA 📍

**Reserve Your Room Today!**

**Regular Registration ends April 21**

Members \$275 Non-Members \$325



## HELP SUPPORT THE SPRING FORUM!

Planning for the Spring Forum (May 13–15) is underway!

The coordinators are putting together some AMAZING swag bags for attendees!

If your company would like to contribute items — this is a great way to get visibility in front of attendees from across the region

### Suggested Swag Item( please send 150 items )

- Water bottles (to use during the conference)
- Compact mirrors
- Lip gloss
- Hand sanitizer
- Hand lotion
- Small electronics (portable chargers, cable organizers, LED lights, etc.)
- Highlighters
- Pens
- Hats
- Portable fans
- Snacks (individually wrapped preferred!)

### Shipping Information

Items can be shipped directly to:

***Lowers Welding & Fabrication Inc.***

**ATTN: Dawn Davis**

10847 Painter Ave

Santa Fe Springs, CA 90670

Or you can coordinate a drop off with  
[melissa.werner@aprio.com](mailto:melissa.werner@aprio.com)

**Deadline to receive items: May 5, 2026**






## MAY MEMBERSHIP MEETING -

"Construction of a R.E.B.E.L."

**When:** Thursday - May 21, 2026

**Location:** Timberline Landscaping   
8110 Opportunity View  
Colorado Springs, CO 80939

**Time:** 5:30 - 8:30pm

**Cost:** \$25 – Members | \$35 – Non-Members

**RSVP via Zeffy by Monday, May 18th, 2026**

Join us for our May NAWIC Membership Meeting featuring special guest speaker **Ally Jencson**, an experienced leader in the construction industry and passionate advocate for empowering professionals in the trades.

This month's topic, "Construction of a R.E.B.E.L.", focuses on discovering your strengths, improving communication, and unlocking leadership potential in both your professional and personal life.

Ally will share insights from her experience working within the construction industry and navigating the unique challenges often faced by professionals in the field — particularly women in subcontracting and the trades.

During this engaging and interactive session, Ally will explore:

- How to tap into your unique strengths and embrace self-discovery
- Practical ways to strengthen communication skills in the workplace
- Strategies to unlock your leadership potential
- Real-world insight from navigating the construction industry
- How resilience and authenticity can help you thrive in your career

This session promises to be engaging, inspiring, and filled with actionable takeaways you can apply immediately in your work and leadership journey.

**Please note: There are no refunds for cancellations or no-shows**



## CONSTRUCTION-RELATED NON-NAWIC UPCOMING EVENTS

**El Paso County Contractors Association (EPCCA)  
Monthly Luncheon**


Norris Penrose Event Center   
1045 Lower Gold Camp Rd.  
Colorado Springs, CO 80905

**Tuesday, April 07, 2026**

**11:30 AM - 1:30 PM**

[Register HERE](#)

**El Paso County Contractors Association (EPCCA)  
Contractors & Coffee**

Building Three Coffee   
2727 N Cascade Ave Suite 155,  
Colorado Springs, CO 80907

**Tuesday, May 19, 2026**

**7:30 AM - 9:00 AM**

[Register HERE](#)

## TOPIC OF INTEREST

The series premier of **Building Back America's Trades** will air on the Magnolia Network on **Saturday, April 11, 2026 at 8:00 am MST**. This three-part docuseries will address the skilled trade crisis. You can also stream it on Discovery+ or HBO Max.





**Data Centers - What's All the Hype About?**

**What:** Virtual Learning Session

**When:** April 16<sup>th</sup> - 11am

**Time:** 5:30 - 8:30pm

**Cost:** Free – Members | \$35 – Non-Members

On Thursday, April 16th, join the PD&E Committee and the leadership team of NAWIC's Heavy Industrial Construction Council (HICC) for a discussion on how the demand for data center facilities is growing exponentially to meet the computing needs of Artificial Intelligence (AI), cloud computing, digital infrastructure and the Internet of Things (IoT). We will dive into this industry sector, share the demand forecasts, and discuss the unique challenges for designing and building these projects. The balance between efficiency improvements through standardization and modularization and the ever-present pressure for new technology adoption, increased power and water demand make this an exciting growth area. Join this conversation to better understand this high-growth sector and the opportunities it presents for the industry.



**Katie T. - April 26<sup>th</sup>**

**MEMBERSHIP ANNIVERSARIES**

**Katie T. - 29 years**

*Olson Plumbing & Heating Co.*

**Kristen I. - 10 years**

*Granite Engineering Group*

**DID YOU KNOW?**

**Cement and concrete are two different things.**

**Cement is an ingredient in concrete.**

There are *at least* 4 main ingredients in a batch of concrete:

1. Water
2. Sand
3. Stone
4. **Cement**

**Cement** is a fine grey powder created from ground limestone and iron ore. It usually contains an amount of clay and gypsum. To improve the mix quality or impact the slump (the thickness of concrete) - fly ash, slag and even "air" (which is a liquid) are added.

Some people will have reactions in the form of a burn when exposed to wet concrete because it contains very high alkaline. This is why waterproof boots are a must-have on any site where fresh concrete is poured. (If there are holes in your boots, you may get burnt and not even realize until it's too late!)

**HR TRENDS SHAPING THE CONSTRUCTION INDUSTRY IN 2026**

- A younger workforce requires a different playbook
- AI regulation adds a new compliance layer
- How to build a compliance-ready construction HR strategy for 2026

(Part of a series from ATD - 2026 HR Trends Series)



# Thank You

**To Our Corporate  
Sponsor Partners!**

## CORNERSTONE



## ARCHITECT



## FRAMEWORK



## FOUNDATION



## BUILD IT UP!

Support women in construction and make a difference in our community! Your sponsorship helps fund educational programs, student competitions, professional development, and networking events.

### Sponsorship Levels:

- Cornerstone: \$3,000
- Architect: \$2,000
- Framework: \$1,500
- Groundbreaker: \$500
- Foundation: \$250\*

\*Foundation level is for women-owned businesses or small companies.

Your support empowers the next generation of women in construction while giving your company visibility and networking opportunities.



**NAWIC**  
The National Association of  
**Women in Construction**

### Pikes Peak



Scan or click on the QR code above to get started today

## Advertising in Solid Ground can elevate your business!

Size	Price
Quarter-Page	\$75
Half-Page	\$150
Full-Page	\$200

With your purchase of advertising, you are free to change your Ad throughout the year.



To get your Ad in next month's newsletter, scan or click this QR code

# B Sharp Painting

## Color Your World INSIDE & OUT

**Professional Painting Done Right - With precision, professionalism and a painter's touch that lasts.**

Color transforms everything – from mood to light to how your home feels the moment you walk in. At B Sharp Painting, we bring your vision to life with careful prep, clean lines, and lasting finishes. Whether you want a cozy refresh or a full-room makeover, we make it simple, smooth, and stunning.

### Our Services

- Interior & Exterior Painting • Cabinet Refinishing & Enameling
- Deck & Fence Staining • Drywall & Siding Repair
- Light Carpentry & Trim Work • Color Consultations & Special Finishes

### Contact Us Today

- (719) 357-4573
- [www.bsharppainting.com](http://www.bsharppainting.com)
- [bsharppainting@gmail.com](mailto:bsharppainting@gmail.com)
- Serving the Colorado Springs area – from Woodland Park to Calhan, Parker to Pueblo

**CREATING SPACES THAT REFLECT YOUR UNIQUE SELF.**

## Leadership & Team Alignment for Trades & Construction

Strengthening Leaders, Teams, Culture



### Workforce Readiness & Partnership:

- Customized Workshops & Interactive Learning Sessions
- Keynote & Offsite Leadership Talks  
(see website for topics)
- Spanish for Industry | ESL for Industry
- Organizational Development/HR Support
- Coaching & Leadership Development (Leaders at all Levels)
- Strengths-Based Development with CliftonStrengths®

\*Bilingual - English & Spanish



**Jen Cáceres** has over 10 years experience working with owners and leaders in trades and construction.

She specializes in partnering with leaders who are navigating the different generations at work, struggling with culture, engagement, and retention while trying to lead from who they've become today.



# PYRAMID CONSTRUCTION INC.

**YOUR ROAD BEGINS HERE.**

**ASPHALT - CONCRETE - GRADING - TRUCKING**



**FAMILY OWNED AND OPERATED SINCE 2002**



**INFO@PYRAMIDCONSTRUCTIONINC.COM**

719-635-3563



**Performance.  
Partnership.  
Design.**



**Windows & Doors  
of Colorado Springs**

**719.634.6151  
PellaMVP.com**