

May 2024 Centerline

National Association of Women in
Construction NAWIC Chapter 356
PO Box 7455
Colorado Springs, CO 80933



Pikes Peak

Pikes Peak Chapter 356

INSIDE THIS ISSUE

- 1 President's Message/ Events
- 2 Standing Committees/Chapter Functions/Special Committees/ Board
- 3-6 Membership Announcements
- 7-13 Committee Announcements
- 14 356 Swag Sore
- 18-19 National/Regional News
- 18 Education Corner
- 19 NAWIC Today and Career Center
- 20 Construction Humor
- 21 National Conference Info
- 22-23 Sponsorship Forms
- 24 Social Media Form
- 25-30 Build It Up Sponsors/Ads

*"When someone asks you
if you're a god, you say,
"yes!"*

*-Winston Zeddemore:
(Ernie Hudson)*

Events

- 05/08-05/10/2024 Joint Forum
- 05/23/2024 Membership Meeting
- 06/06/2024 Board Meeting
- 06/08/2024 Rosie Run
- 06/20/2024 Membership Meeting

Aloha, Ladies!

Many of us are gearing up for the 2024 PNW/PSW Spring Forum in Oahu. Wish us safe travels and lots of sunshine as we represent our Chapter. There will be many reports that are shared with the chapter upon our return.

I hope you have all registered for the May member meeting. We are going to have a fantastic meeting with Encore Electric and a hands on training. You, and all your friends, do not want to miss this meeting. Invite all your gal pals from the office or other companies.

We have many chairs and co-chairs that want to step down. This means we are in need of members to join committees and shadow chairs to learn the ropes. We will never let a committee fail. You will have the support of the chapter. The more you put into this association the more you will get out of it. The first committee I chaired was Strategic Planning. Most committees do not take much extra time throughout the year. You will spend more time near an event, but the more people you have the easier it all is. Please reach out with questions. We are happy to answer and help.

The nominating committee will also be reaching out to ask if you are interested in any position on the Board of Directors. All active/corporate members are eligible to hold office. The positions of President, Vice President, and President-Elect must have served on the Board of Directors. The positions of Treasurer, Secretary, and Director need no prior tenure. Just because someone is in their first year of the position does not mean they want or have to run for a second term. The only position that is already decided is President because we use the President-Elect system. Please pick up when they call and ask questions. We love new board members. You bring new and fresh ideas. The only way for us to grow is to change.

Mahalo,

Kristen Ibarra, CDT

President

Pikes Peak Chapter 356



Standing Committees 2023-2024

Professional Development & Education/NEF – Ginger Parry, CBT, CIT, ESP & Ally Jencson • pde.nef.pp356@gmail.com

Membership & Marketing – Ashley Stoeber, Jessica O’Connell, & Christina Townsend • membership@nawic356.org

Finance – Jessica O’Connell • treasurer@nawic356.org

Chapter Functions

Historian – Kristen Ibarra, CDT

719-203-3323 kibarra@rmg-engineers.com

Website – Samantha Walter

719-635-0902 info@nawic356.org

Parliamentarian – Karen Mitchell, CBT, CIS, CIT

719-686-7482 CO-kem513@outlook.com

Centerline Editor – Jessica O’Connell

719-310-4848 joconnell@pyramidconstructioninc.com

Board 2023-2024

President

Kristen Ibarra, CDT

kibarra@rmg-engineers.com

•

President Elect

Samantha Walter

samanthawalter719@gmail.com

•

Vice President

Elysa Matthews

ematthews@timberlinelandscaping.com

•

Recording Secretary

Jennifer Zezlina, RA

jenzezlina@yahoo.com

•

Treasurer

Jessica O’Connell

treasurer@nawic356.org

•

Directors

Ashley Stoeber

Karla Greeley

Lisa Gardunio

Naomi Kidd

boardmembers@nawic356.org

Special Committee Chairs 2023-2024

Block Kids – Naomi Kidd • 719-632-9868 • nrkidd4ppc356@outlook.com

Ginger Parry, CBT, CIT, ESP • 719-271-7915 • pde.nef.pp356@gmail.com

Bylaws – Kristen Ibarra, CDT • 719-203-3323 • kibarra@rmg-engineers.com

CAD Competition – Amy Christiansen • 719-203-3340 • amy.christiansen@ramparttile.com

Angelique Kallio, CIT • 719-532-9988 • angeliqueK@tms-companies.com

Community Outreach – Samantha Walter • 719-649-2739 • samanthawalter719@gmail.com

Fundraising – Grace Houston & Amy Christiansen • 847-721-9116 • fundraising@nawic356.org

OSHA Alliance/Safety – Karen Mitchell, CBT, CIS, CIT • 719-686-7482 • CO-kem513@outlook.com

Rosie Run 5K Committee – Ally Jencson & Kristen Ibarra, CDT • 719-659-6618 • rosierun@nawic356.org

Social Media – Jessica O’Connell • 719-310-4848 • nawicpp356@gmail.com

Scholarship (NFSF) – Lisa Gardunio • 303-819-5279 • lisa.gardunio@elderconstructioninc.com

Strategic Planning – Christina Townsend • 719-884-0723 • christina.townsend@hubinternational.com

WIC Week – Grace Houston • 847-721-9116 • wicweekpp356@nawic356.org

Special Clubs 2023-2024

Book Club – Ginger Parry, CBT, CIT, ESP • 719-271-7915 • pde.nef.pp356@gmail.com

Craft Club – Ginger Parry, CBT, CIT, ESP & Amy Christiansen • 719-271-7915 • pde.nef.pp356@gmail.com

Membership Announcements

April Membership Meeting & CAD Awards

THURSDAY, APRIL 18, 2024 - 5:30 PM

- Networking from 5:30-6:00 pm
- Dinner and Awards at 6:00 pm
- Business Meeting to follow afterwards.
 - Dinner will be provided.

Come help us recognize the top students who won our annual CAD competition for 2024.



Pikes Peak

Location:
Timberline Landscaping
8110 Opportunity View, Colorado
Springs, CO 80939



*Please RSVP via Eventbrite by Monday, April 15, 2024 at noon.

NAWIC Pikes Peak Chapter 356 - April Membership Meeting and CAD Awards

Join us for an exciting evening at the NAWIC Pikes Peak Chapter 356 April Membership Meeting and CAD Awards! This in-person event will take place on Thursday, April 18, 2024, starting at 5:30 (Mountain Daylight Time).

Hosted at the beautiful Timberline Landscaping, this gathering promises to be a fantastic opportunity to connect with fellow professionals in the construction industry. Network, share ideas, and celebrate the outstanding student achievements in computer-aided design (CAD).

Whether you're an experienced member or new to the field, this event is open to all. Be inspired by the innovative projects showcased during the CAD Awards ceremony.

Don't miss out on the chance to expand your professional network, gain valuable insights, and have a great time with like-minded individuals. Mark your calendars and join us at the NAWIC Pikes Peak Chapter 356 - April Membership Meeting and CAD Awards!

[Click to Register](#)

Membership Announcements

UPDATED

UPDATED

MAY MEMBERSHIP MEETING: THURSDAY MAY 23RD, 2024

- Come join us and hear about Encore Electric with their ELMER (Encore Learning and Mobile Escape Room) training trailer.
- Networking and Dinner- 5:30-6:00 pm
 - Dinner will be provided.
- Presentation to begin at 6:00 pm
- Business Meeting to follow after.

Location:

Elder Construction
4870 Centennial Blvd., Suite 100
Colorado Springs, CO 80919



*Please RSVP via Eventbrite
by Monday, May 20th, 2024,
at noon.

*Include any dietary
restrictions.

Join us for an exciting evening at the NAWIC Pikes Peak Chapter 356 May Membership Meeting! This in-person event will take place on Thursday, May 23rd, 2024, starting at 5:30 (Mountain Daylight Time).

Hosted at the Elder Construction, this gathering promises to be a fantastic opportunity to connect with fellow professionals in the construction industry. Network, share ideas, and learn about Encore Electric with their ELMER (Encore Learning and Mobile Escape Room) training trailer.

Presenters from Encore Electric will show and explain their mobile escape room they use to inform students of the financial differences between a traditional four-year college degree and entering the electrical trade. Following the presentation, attendees jump into the escape challenges. iPads are distributed to participants and the challenge begins. In a digital model version of the escape room, attendees begin a virtual scavenger hunt for an egg containing wiring instructions for the stations. Once the egg is found, groups enter the real escape room and start on the first of four electrical stations. Participants are timed for how quickly they can complete the stations. A chance to compete while testing their mechanical aptitude doing something new makes for a memorable task for the participants.

Whether you're an experienced member or new to the field, this event is open to all.

Don't miss out on the chance to expand your professional network, gain valuable insights, and have a great time with like-minded individuals. Mark your calendars and join us at the NAWIC Pikes Peak Chapter 356 - May Membership Meeting!

[Click to Register](#)

Membership Announcements



The flyer is for a NAWIC Pikes Peak Chapter 356 June Membership Meeting. It features the NAWIC logo (The National Association of Women in Construction) and the chapter name. The event is on Thursday, June 20, 2024, at Mi Mexico restaurant. The agenda includes a Networking & Order Dinner from 5:30 to 6:00 pm, followed by a Business Meeting starting at 6:00 pm. The flyer also mentions elections and a strategy update. The location is 3956 N Academy Blvd., Colorado Springs, CO 80917. A RSVP deadline of Monday, June 17, 2024, at noon is provided. The flyer is decorated with red roses and a blue and red geometric border.

NAWIC
The National Association of
Women in Construction

Pikes Peak

June Membership Meeting
Thursday, June 20, 2024

Elections & Strategy Update!

- Networking & Order Dinner 5:30 - 6:00 pm.
 - Each person is responsible for the cost of their own meal.
- Business Meeting to begin at 6:00 pm

Mi Mexico
3956 N Academy Blvd.
Colorado Springs, CO 80917

Please RSVP via Eventbrite by Monday, June 17, 2024 at noon.

NAWIC Pikes Peak Chapter 356 - June Membership Meeting

Join us for an exciting evening at the NAWIC Pikes Peak Chapter 356 June Membership Meeting! This in-person event will take place on Thursday, June 20th, 2024, starting at 5:30 (Mountain Daylight Time).

Hosted at Mi Mexico Restaurant, this gathering promises to be a fantastic opportunity to connect with fellow professionals in the construction industry. Network, share ideas, and get involved in the chapter by voting on the next Board of Directors for 2024-2025!

At this meeting we will conduct our annual membership elections. As well as review and touch-base on our goals set at our bi-annual Strategic Planning event held in September 2023.

Whether you're an experienced member or new to the field, this event is open to all.

Don't miss out on the chance to expand your professional network, gain valuable insights, and have a great time with like-minded individuals. Mark your calendars and join us at the NAWIC Pikes Peak Chapter 356 - June Membership Meeting!

[Click to Register](#)

Membership Announcements

Happy NAWIC Versary

Christina T. - 9 years

HUB International Insurance Services, Inc.



The National Association of
Women in Construction

Pikes Peak

Rosie Run 5k



NAWIC
The National Association of
Women in Construction

Pikes Peak

Chapter 356

Presents

7th Annual

Rosie Run 5K

June 8th

America The Beautiful Park
126 Cimino Dr, Colorado Springs

Race Starts @ 8:30 am

Live DJ
Vendors

Get info
or Register
to Run Here



For More Information on the Run,
Sponsorship, Donations, and Silent
Auction Visit



@NAWICPP356

Rosie Run 5k



NAWIC
The National Association of
Women in Construction

Pikes Peak
Chapter 356

Silent Auction Items Wanted

For The

7th Annual

Rosie Run 5K

June 8th

America The Beautiful Park
126 Cimino Dr, Colorado Springs

For More Information on the Run,
Sponsorship, Donations, and Silent
Auction Visit



@NAWICPP356

or email rosierun@nawic356.org

2024 Rosie Run Sponsorship Levels

Platinum Sponsorship – 1 Available - \$2,500.00 – Deadline of May 4, 2024

Exclusive Water cup sponsor – Your company logo will be printed (single color only) on 100+ disposable water cups and be available to participants at the 3 water stations along the 5K course route. Optional: Send 6 of your company volunteers to man the 3 water stations along the 5K course. If no company reps will be there, then volunteers will be provided to man these water stations.

A 10' x 10' Vendor booth near the start/finish line – must provide your own shade cover, table and chairs

Please note: No Camping/Tent stakes are allowed per COS Park & Rec Rules

A 2' x 6' Company Banner to be displayed at the start/finish line (you may provide your own banner or give us art to print a banner for you)

Company logo on back of all participant T-shirts (printed in black approximately 7" wide x 3" tall)

Two promotional or informational items to be added into VIP Swag Bags – provide 75 of your item(s)

6 complimentary VIP participant registrations - (must provide names and T-shirt sizes for each participant)

Diamond Sponsorship – 1 Available - \$1500.00 – Deadline of May 4, 2024

A 2' x 4' Company Banner to be displayed at the start/finish line (you may provide your own banner or give us art to print a banner for you)

A 10' x 10' Vendor Booth near the start/finish line – must provide your own shade cover, table and chairs

Please note: No Camping/Tent stakes are allowed per COS Park & Rec Rules

Company logo on back of all participant T-shirts (printed in black approximately 4" wide x 1.5" tall)

Swag bags for VIP participants – company logo and NAWIC logo printed on all bags in one color

Up to 3 promotional or informational items to be added into VIP Swag Bags – provide 75 of your item(s)

4 complimentary VIP participant registrations (must provide names and T-shirt sizes for each participant)

Gold Sponsorship – 3 Available - \$1000.00 – Deadline of May 4, 2024

A 2' x 4' Company Banner to be displayed at the start/finish line (you may provide your own banner or give us art to print a banner for you)

A 10' x 10' Vendor Booth near the start/finish line – must provide your own shade cover, table and chairs

Please note: No Camping/Tent stakes are allowed per COS Park & Rec Rules

Company logo on back of all participant T-shirts (printed in black approximately 4" wide x 1.5" tall)

Two promotional or informational items to be added into VIP Swag Bags – provide 75 of your item(s)

4 complimentary VIP participant registrations (must provide names and T-shirt sizes for each participant)

Silver Sponsorship – 6 Available - \$500.00 – Deadline of May 4, 2024

A 10' x 10' Vendor Booth near the start/finish line – must provide your own shade cover, table and chairs

Please note: No Camping/Tent stakes are allowed per COS Park & Rec Rules

Company logo on back of all participant T-shirts (printed in black approximately 2" square)

One promotional or informational item to be added into VIP Swag Bags – provide 75 of your item

2 complimentary VIP participant registrations (must provide names and T-shirt sizes for participant)

Bronze Sponsorship – 9 Available - \$250.00 – Deadline of May 18, 2024

A 10' x 10' Vendor Booth near the start/finish line – must provide your own shade cover, table and chairs

Please note: No Camping/Tent stakes are allowed per COS Park & Rec Rules

Company name (no logo) on back of all participant T-shirts (printed in black)

One promotional or informational item to be added into VIP Swag Bags – provide 75 of your item

1 complimentary standard participant registration

Vendor Booth Only - \$75.00 – Deadline May 18, 2024

A 10' x 10' Vendor Booth near the start/finish line – must provide your own shade cover, table and chairs

Please note: No Camping/Tent stakes are allowed per COS Park & Rec Rules

Email: RosieRun@nawic356.org

Southern Colorado Construction Career Days



Registration is OPEN

Mark your calendars, September 12, 2024!!

Activity Provider

Set up a “Hands On” Activity for the students to participate in which represents a career area: architecture engineering, building crafts/trades, highway construction, information on training/ education programs or management.

Group Leader

Group Leaders will be assigned 8-10 students and given a schedule to accompany them as they participate in activities throughout the day. There will be an orientation meeting prior to the students arriving to go over procedures.

Sponsor Contributions

Please consider being a sponsor for the 2024 Event. We could not do this event without the support of our sponsors.



Visit our website for more information www.sococareerdays.com





NAWIC Pikes Peak 356 Quarterly Community Outreach

(April – June 2024)

Thanks to our chapter members, we were able to donate this “Anything honey can do, I can do, too” gift basket for the annual Pikes Peak Region Peace Officers’ Memorial Ball for their silent auction. The ball will be held on Saturday, May 18, 2024, at the Colorado Springs Marriott. For more information about this local non-profit, visit their website at <https://www.pprpom.org/>.



For our second quarter community outreach project, NAWIC Pikes Peak Chapter 356 will be holding a school supply drive to benefit The Hanger, a program of CASA of the Pikes Peak Region. CASA of the Pikes Peak Region is a nonprofit organization that trains and supervises volunteers to represent the best interests of victims of child abuse, neglect, and severe domestic conflict. CASA volunteers are appointed by judges to be a voice for these children in court and in the community. The desired result is that children be placed in safe, loving homes where they can thrive. The Hanger is a store in the back of the CASA office where foster teens can shop for donated clothing and accessories free of charge. It is a simple concept that most of us take for granted, but for a foster kid, being able to choose and wear your own clothes builds self-esteem.

In July, The Hanger holds a back-to-school party for teens in foster care, where they can pick out all their own school supplies and a backpack. This is so important to the youth, as they do not always have the same opportunities to get fun or cool or trendy items for school, so choosing their own items and having a good variety really helps build normalcy. They light up when they see all the options from which they can choose! The Hanger has school supplies available all year long so that they can pick up what they need throughout the year. This also helps when they have emergency placements, as these teens often are unable to grab many items before being removed from their homes and school supplies are not on their mind at that time.

Teens really enjoy FUN school supplies! Look for items that are pretty, trendy, and/or have designs on them, for boys and girls, ages 13-18. Please bring your school supply donations to our May and June meetings or contact a member of the Community Outreach Committee to arrange for pick up or drop off. Feel free to share this donation opportunity with everyone that you know! The chapter will be making one big donation of all items collected at the end of June or early in July. The donation date is currently TBD.

Community Outreach Committee – Samantha Walter, Jessica Swinchoski, Jennifer Zezlina, and Elysa Matthews

Pikes Peak



Quarterly Community Outreach April – June 2024



For the months of May and June, our chapter will be collecting school supplies, for teens in foster care, for The Hanger's back-to-school party. Specific supplies that they are currently in need of are:

- Paper – College and wide ruled. Filler paper, spiral notebooks, and composition books.
- Pens (black and blue) and Mechanical Pencils (they have a ton of regular #2 pencils)
- Folders with designs on them
- Crayons (24 pack) and Markers (10 packs, thin and thick)
- Pencil cases or pouches
- 1" and 1.5" 3-ring binders – colorful and/or with designs are ideal



Pikes Peak Chapter #356 Safety News

May 2024

Workplace Stressors of Women Construction Workers

Let's face it. Work is stressful in the construction industry, now more than ever, with a shortage of workers and a high demand for construction work. Women construction workers especially are feeling the stress. A recent [Construction Dive article](#) reported that the industry's difficulty in recruiting new workers and safety concerns were among the top stressors for construction workers. Other stressors included work-life balance and mental health issues.

Lack of training and the workforce shortage

Finding skilled workers is one of the biggest factors of the workforce shortage according to a [report from AGC, the Associated General Contractors of America](#). According to their survey, 91% of construction firms reported having difficulty filling positions. The most common reason, cited by 77% of respondents, was lack of training or failure to pass a drug screen. This shortage of skilled workers places an additional burden on existing employees who are stretched thin filling in gaps or working overtime to get the job done. But construction firms are getting more involved in preparing future workers for careers in construction, the AGC reports. "Fifty-one percent of survey respondents—up from 37 percent in the 2021 survey—report they have engaged with career-building programs such as high school, collegiate, or technical school construction programs." Increasing the number of skilled women construction workers would ease the shortage while a diverse workforce has been shown to improve productivity with better communication and problem-solving skills.

Need for improved safety on the job

Construction is dangerous work for many in the industry. But for women construction workers, additional workplace stress may be caused by a lack of properly fitting PPE, or personal protective equipment, such as safety glasses, gloves, hard hats, and steel-toed boots.

According to Grainger, an industrial supply and equipment company, gear that doesn't fit properly presents safety hazards: loose material snagging on machinery, ill-fitting gloves causing the wearer to drop or mishandle materials, footwear causing blisters, and steel toe protection not providing adequate coverage. Improperly sized protective equipment, such as safety vests, fall harnesses, headgear, and eye and ear protection, can increase the risk of injury or harm.

Work-life balance for women construction workers

During the COVID pandemic, many employers outside of the construction industry moved to remote or hybrid work models, which enabled a better work-life balance for many workers. In other industries, this is now the new normal. But working remotely just isn't an option for many jobs in construction. Long hours and erratic work schedules can wreak havoc on home life, particularly for women who are typically the family caregiver. And it isn't just women. According to Construction Dive, 16% of construction workers reported that their companies were working them too hard to engage with family and friends outside of work and a third reported that it is difficult to take vacations.

Mental health

Concerns about job security, unrealistic expectations from employers, and outside stressors are major factors in mental health issues for women construction workers. One way employers can reduce workplace stress is by scheduling regular toolbox talks to address mental health issues and job concerns. Training supervisors to identify and respond to workers' stress is often beneficial, as is helping employees build good communication skills.

How can NAWIC help?

NAWIC helps ease workplace stress for women construction workers by providing community, mentorship, networking, leadership opportunities, and education opportunities for the more than 5,100 members in 118 chapters nationwide. As the leading organization for women builders, the National Association for Women in Construction advocates for industry improvements such as better PPE and mental health support for construction workers, and participates in industry awareness events, including Construction Inclusion Week, Construction Safety Week, and Women in Construction (WIC) Week, which was founded in 1998 by NAWIC.

356 Swag Store

Did you know you can order NAWIC Pikes Peak Chapter 356 Swag!!!

PERFORMANCE TEES



Badger B-Core Long Sleeve Tee

\$29.95



Badger B-Core Ladies Long Sleeve Tee

\$29.95

SHORTS



Under Armour Women's 3.5" Knit Shorts

\$42.95

HOODIES



Under Armour Women's Hustle Fleece Hoody

\$63.95



Russell Dri-Power Fleece Hoodie

\$48.95

CASUAL TEES



Augusta Ladies Lux Tri-Blend Long Sleeve Shirt

\$30.95



Augusta Tri-Blend Long Sleeve Crew

\$29.95



BELLA+CANVAS® Unisex Jersey Long Sleeve Tee

\$28.95



Augusta Tri-Blend T-Shirt

\$25.95

PULLOVERS



Under Armour Men's Armour Fleece Storm Crew

\$60.95



Under Armour Men's Team Tech Long Sleeve 1/4 Zip

\$54.95

PANTS



Under Armour Women's Hustle Fleece Pant

\$53.95

POLOS



Augusta Ladies Shadow Tonal Heather Polo

\$41.95

ACCESSORIES



Vasco 32oz Stainless Steel Bottle

\$25.95



Port Authority Stadium Seat

\$37.95

[Order Now](#)

National//Regional News

Applications for the National Tradeswoman of the Year Award are open! This award will be given at the NAWIC Annual Conference this year in Houston, TX and this is the first year for this award. Be sure and nominate one of the phenomenal tradeswomen you know! Submissions are due to Savannah Nusser, savannahn@nawic.org no later than May 15, 2024. Thank you!!

<https://nawic.org/wp-content/uploads/2024/03/2024-Tradeswoman-of-the-Year-Award-Application-NAWIC.pdf>

Also, the National Tradeswomen Committee will be hosting a Zoom for Region and Chapter Tradeswomen Committee chairs and co-chairs on Tuesday, April 16 at 12:30p Hawaii / 3:30p Pacific / 4:30p Mountain / 5:30p Central / 6:30p Eastern. Please register to attend via this link: https://us02web.zoom.us/meeting/register/tZcpcOyvpzkrGN1UvbnNkDOTIBjp_6zcS4hr

Tradeswomen Committee Webinar Schedule 2023 – 2024

All Zoom meetings will be on the **FIRST THURSDAY** of the month.

at 2:30pm Pacific, 3:30pm Mountain, 4:30pm Central, 5:30pm Eastern

June 6, 2024 - Public Informal Social Meet-Up – Tradeswomen Forum (Open to Non-Members)

****July 11, 2024**—(First Thurs. is Independence Day) – Working in the Trades & Stress Management while being a Caregiver (Ally Jencson, maybe others)

August 1, 2024 – Leadership & Mentoring Keys to Success

September 5, 2024 – Safety & Sanitation / OSHA Updates with Marjorie Del Toro, ehs, Inc. and Kathi Dobson, Alberici Constructors

Chair, Erica Braxton, erica.braxton@gmail.com 908-875-6000 cell

Co-Chair, Della Ray, Della.rayyy@gmail.com 701-269-2019 cell

Co-Chair, Allison “Ally” Jencson ally@girderskirts.com 719-659-6618 cell

National//Regional News



Contact

Phone

719-659-6618

Email

ally@girderskirts.com

Address

4127 Anvil Dr Colorado
Springs CO 80925

Expertise

- communication
- leadership
- public speaking
- networking
- team building
- coaching

Accolades

- 2022-23 NAWIC Executive
Spotlight Award
- 2021 Don Brown
Entrepreneur Award,
Southern CO Women's
Chamber of Commerce
- 2020-23 Chair, NAWIC
National Tradeswomen
Committee
- 2020-22 President NAWIC
Pikes Peak 356



Pacific Southwest Region

ALLISON "ALLY" JENCSON

SHE / HER / HERS

CANDIDATE STATEMENT

2024-2026 PACIFIC SOUTHWEST REGION DIRECTOR

Through my 9+ years as a NAWIC member, I have discovered that my passion is empowering other women to reach for their fullest potential. I have developed this passion into a skill. This skill has been used in serving 2-terms as chapter president and serving as regional and national committee chairs. I am currently serving as a co-chair for the National Tradeswomen Committee, which I helped form in 2022-2023, and PSW Region Tradeswoman Committee chair.

My platform as a Pacific Southwest Region Director candidate is "Better Together". I am a strong believer in the power of collaboration. Our Association leadership needs to be open to collaboration with our members. Our collective voices are the catalyst for change in our industry. As PSW Director, I will work hard for the women of my region, be their voice at the National level, and drive changes that make us Better Together.

Sincerely,

Allison "Ally" Jencson
President, Frontline Floor Coatings
Founder, Girder Skirts

2024 Webinar Schedule



Tradeswomen Committee

May 2 – 4:30 pm central

Mental Health and Suicide Awareness

Open discussion about this important topic within the industry along with statistics and techniques on how to help someone suffering from mental health challenges.

June 6 – 4:30 pm central

Public Informal Social Meet Up

Open to NAWIC Tradeswomen members and non-members!

July 11 – 4:30pm central

Working in the Trades and Stress Management while being a Caregiver

Guest speaker Ally Jencson will share her story about overcoming these challenges and provide tips and techniques on how you can deal with these stressful situations.

August 1 – 4:30pm central

Leadership and Mentoring - Keys to Success

September 5 – 4:30pm central

Safety and Sanitation / OSHA Updates

Guest speakers Marjorie Del Toro, ehs, Inc. and Kathi Dobson, Alberici Constructors, share their expertise on these important issues

visit <https://nawic.org/education/webinar/> to register!

The National Tradeswomen Committee is here to support your chapter/region Tradeswomen Committee members! A Zoom meeting was held on April 16, 2024, at 3:30 Pacific / 6:30 Eastern and we had no attendees. We need input from membership so we can better serve the Association. **The next Tradeswomen Committee quarterly Zoom for committee chairs, co-chairs, chapter presidents (or anyone other members who want to hop on!) will be held on Tuesday, July 30, 2024.**

Register for the July Committee Zoom:

https://us02web.zoom.us/meeting/register/tZ0ude2gqTsjGdJkvfn-Li_dx4pOSvt-arFt

YOU MUST REGISTER TO RECEIVE THE ZOOM LINK!

We look forward to seeing many of you on our future webinars that are listed above. Thank you!

Erica Braxton, National Tradeswomen Committee chair erica.braxton@gmail.com

Della Ray, National Tradeswomen Committee co-chair deila.rayyy@gmail.com

Ally Jencson, National Tradeswomen Committee co-chair ally@girderskirts.com

Educational Corner

LORMAN WEBINARS

Check them all out [HERE!](#)

NEF RESOURCES

Check out the awesome website with
all the education updates and
recourses [HERE!](#)

NAWIC MENTOR PROGRAM

Chapter Mentor [Program Guidelines](#)
and [Resource](#)

**BUILD.
LEAD.
SUCCEED.**



Powered By:
Touchplan



THE
OFFICIAL
PODCAST
of

NAWIC
The National Association of
Women in Construction

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HERE**

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NAWIC Today publication



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<https://nawic-jobs.careerwebsite.com/>

Construction Humor

Government: Work from home
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69th Annual Conference



69th Annual Conference

Aug. 14-17, 2024 • Houston, TX

We invite you to NAWIC's 2024 Annual Conference in Houston, TX August 14th to the 17th 2024. You won't want to miss this! Here's what you have to look forward to:

Education:

This year we want to stress the importance of education for our members, so we will have a NAWIC Education Foundation (NEF) CDT Course bootcamp and testing for certification, as well as Continuing Education Credits available to attendees. Our three education tracks will focus on the industry's field workers, office workers, and Career and Leadership advancements. NAWIC members will also have a track specific to the Association.

To take an extra step to reach the next generation, we will be holding a school supply donation drive to give back to the students and teachers in the local Houston school districts. Each person who donates school supplies will receive a raffle ticket for a chance to win a special raffle prize! If you are unable to attend the conference but would still like to participate in the donation drive and raffle, we will provide an Amazon link that will allow you to donate online to be entered in the raffle electronically. The last day to donate electronically will be Thursday, July 18.

Networking:

Each year, we see hundreds of women and men in the construction and trades industry come together for a chance to learn and network with each other. Each day will provide endless opportunities to network and meet new people at events like our luncheons and gala, as well as our wellness events. This year we are partnering with Kelly Lynch Feldkamp at ProVention Plus, a women-owned family business that specializes in injury prevention on and off the jobsite. Kelly will be holding movement breaks to teach people the proper way to prepare and stretch on the jobsite and its importance.

Awards:

Here at NAWIC we love to recognize the women in our organization and the construction industry. This year we will have two luncheons, one to highlight our NAWIC committees with committee awards and one to give out our Industry awards. Join us for a night of celebration for all the amazing women in our industry at the Friday night gala where we will be hosting the NAWIC and NEF Installations along with our Member, Future Leader and Lifetime Achievement awards. Come in your best attire and join us at the after-party!

Mentoring:

This year we have so many amazing keynote speakers who will be there to share their own perspectives on various topics related to leadership, wellness, confidence in the industry, and much more. Jobsite tours are another great learning experience we are providing again this year along with skills labs, such as a dry wall tutorial, construction career camps, and much more.

We look forward to seeing you this summer!

Karen Hager, CBT, CIT, ESP
NAWIC National President

[Click to Register](#)



Pikes Peak

PIKES PEAK CHAPTER 356 CHAPTER SPONSORSHIP FORM

NAWIC's core purpose is to enhance the success of women in the construction industry and our chapter's goal is to help educate and promote leadership to women in the construction industry. A NAWIC sponsorship allows companies to annually demonstrate commitment and support of these values within our community.

With a variety of sponsorship opportunities available, sponsors like you allow the leadership and membership of our chapter to execute programs that introduce construction as a viable career path, promote construction trades as another alternative to a successful career choice, work with students from elementary to high school with our Block Kids and Design Drafting Competitions, and introduce a wide variety of professional development and education to promote professional growth.

SPONSORSHIP LEVELS

Build It Up Sponsorships at all levels include company logo on the welcome page of the chapter website with a link to the company's website, a specific sized business ad in our monthly chapter newsletter, the Centerline, recognition at each chapter meeting and events, and other benefits as outlined below. The sponsorship period is October thru September.

- Build It Up **Platinum** Sponsor \$2,000.00 - Includes all items listed above, with a full-page ad in the Centerline, one annual corporate membership, and \$500.00 applied to two chapter events of your choice (\$250.00 for each event).
- Build It Up **Gold** Sponsor \$1,500.00 – Includes all items listed above, with a full-page ad in the Centerline, and \$500 applied to two chapter events of your choice (\$250.00 for each event).
- Build It Up **Silver** Sponsor \$1,000.00 - Includes all items listed above, with a 1/2-page ad in the Centerline, and \$500.00 applied to two chapter events of your choice (\$250.00 for each event).
- Build It Up **Bronze** - \$500.00 Includes all items listed above, with a 1/4-page ad in the Centerline, and \$250.00 applied to one chapter event of your choice.

For more detailed information regarding our chapter events and programs, please contact our chapter president at president@nawic356.org or visit our chapter website, www.nawic356.org, for more details.



Pikes Peak

Yes! I would like to partner with NAWIC Pikes Peak Chapter 356 to help fund educational and service projects in the construction industry within our community. I understand my sponsorship will also help with NAWIC Education Foundation programs held throughout the year.

Company Name: _____

Company website: _____

Contact Name: _____

Contact Email address: _____

**** Please email your company logo to info@nawic356.org ****

Sponsorship Level Selected:

____ Platinum \$2,000.00 ____ Gold \$1,500.00 ____ Silver \$1,000.00 ____ Bronze \$500.00

I would like a portion of my donation to be applied to the following chapter events:

Please select two chapter events for a Platinum, Gold, or Silver sponsorship and one chapter event for a Bronze sponsorship.

____ [NEF Block Kids](#)

____ [Rosie Run 5K](#)

____ [NEF Design Drafting](#)

____ [Katie Trapp Conference Fund](#)

____ [Women in Construction \(WIC\) Week](#)

____ [Annual Installation & Awards Ceremony](#)

I would like to make an additional donation of _____ to the following chapter event(s): _____.

***Total sponsorship and donation amount:** _____

Make checks payable to and mail to:

NAWIC Pikes Peak Chapter #356
PO Box 7455
Colorado Springs, CO 80933

***Email Credit Card Payment information to treasurer@nawic356.org (*3.5% convenience fee applies):**

Name as it appears on Credit Card: _____

Credit Card Number: _____

Expiration Date: _____ CVV Code: _____

Billing Zip Code: _____ Signature: _____



Pikes Peak

NAWIC Pikes Peak Chapter 356 Social Media Post Request Form

Please fill out in the information below. Email questions, form, and photos/videos nawicpp356@gmail.com.

Date of Request:

Name/Committee:

SM Post Date:

****Please note, all Social Media posts are subject to review. Post content should remain NAWIC relevant and not include political/religious affiliations. ****

Repeat Post? If so, how many times? When?

Where would you like this post (please check): ☐ Facebook ☐ Instagram ☐ LinkedIn

Post Caption:

Please write the caption that you would like to be uploaded with the post. Provide a description in the notes below for the purpose of the post, information on potential events (date, time, location, etc.), whatever information may be needed.

Additional Notes/Comments:

Would you like to have the post boosted/promoted/advertisement? If yes, what is your budget?

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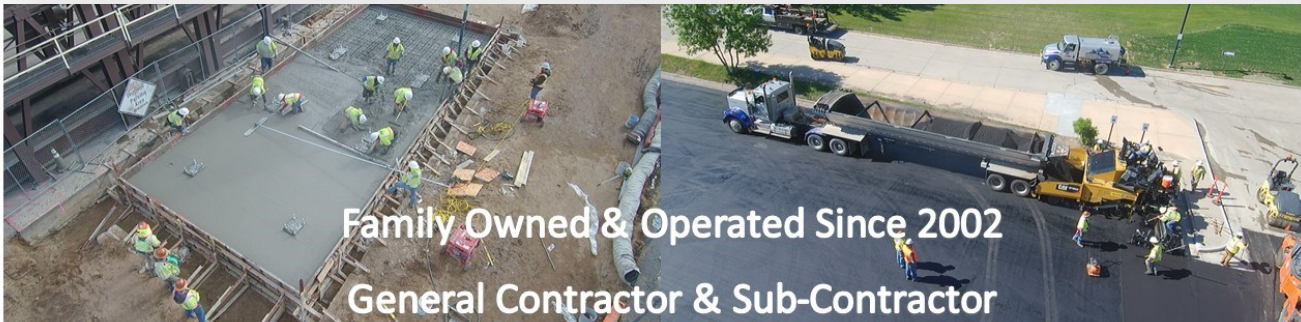
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Advertise in the Centerline!

We are offering you an opportunity to advertise in our
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Pikes Peak
