

November 2022
Volume 74

November 2022 Centerline

National Association of Women in
Construction NAWIC Chapter 356
PO Box 7455
Colorado Springs, CO 80933



Pikes Peak

Pikes Peak Chapter 356

INSIDE THIS ISSUE

- 1 President's Message/ Events
- 2 Standing Committees/Chapter Functions/Special Committees/ Board
- 3-5 Membership Announcements
- 6-8 Quartey Community Outreach
- 9 Spring Conference
- 10-12 Chapter Information
- 13 Education Corner
- 14 NAWIC Today and Career Center
- 15 Construction Humor
- 16-17 Sponsorship Forms
- 18 Social Media Form
- 19-21 Build It Up Sponsors/Ads

*"I never regretted
what I turned down."
-- Angela Lansbury*

Events

- 11/17/22 Membership Meeting
- 12/08/22 Holiday Party
- 01/19/23 Membership Meeting
- 02/16/23 Membership Meeting
- 03/05-03/11/23 WIC Week
- 04/28-04/29/2023 Spring Conference

Hello, NAWIC Sisters!

It is time to gobble until you wobble! November is here and a great time to start reflecting on the year to remind you what you are grateful for. I am grateful for NAWIC! You women encourage me to be better and do better every day.

Metropolitan Denver #112 and Karen Mitchell, CBT, CIS, CIT put on a wonderful Fall Conference. We all learned something new and made a new connection. I hope all of you get to attend a NAWIC conference, regional or national. The feeling of being surrounded by that many positive and uplifting women is incredible.

Thank you to Jennifer Zezlina, R.A. for putting together a wonderful October membership meeting. We thoroughly enjoyed learning the mission of Safe Passage. Their facility was fantastic and we were invited to host a meeting there every year.

We have our community outreach volunteer opportunity this month. Samantha set us up to volunteer at Care & Share on November 11th from 1:00 pm – 3:30 pm. NAWIC has 20 slots to fill so bring your significant other or friends.

Be sure to RSVP to the November membership meeting by noon on Monday, November 14th via Eventbrite. Mike Thompson, P.E. will be teaching us about Tilt-Up projects. Mike was recently a part of a panel discussion at the Tilt-Up Expo in Denver. His session was so popular there was standing room only. You do not want to miss this meeting!

Then we will be ready for the NAWIC Holiday Party on December 8th at Timberline Landscaping. More details to come!

I am wishing you all a wonderful Thanksgiving! Enjoy the time with your family and friends. Eat the food, enjoy the dessert, and wear drawstring pants.

Giving many thanks to all of you,

Kristen Ibarra, CDT

President

Pikes Peak Chapter 356



Standing Committees 2022-2023

Professional Development & Education/NEF – Ginger Parry, CBT, CIT, ESP & Ally Jencson • pde.nef.pp356@gmail.com

Membership & Marketing – Jessica O’Connell, Rebecca McNabb & Christina Townsend • membership@nawic356.org

Finance – Christina Townsend • 719-649-2739 • treasurer@nawic356.org

Chapter Functions

Historian – Kristen Ibarra, CDT

719-203-3323 kibarra@rmg-engineers.com

Website – Samantha Walter

719-635-0902 info@nawic356.org

Parliamentarian – Karen Mitchell, CBT, CIS, CIT

719-686-7482 CO-kem513@outlook.com

Centerline Editor – Jessica O’Connell

719-310-4848 joconnell@pyramidconstructioninc.com

Board 2022-2023

President

Kristen Ibarra, CDT

kibarra@rmg-engineers.com

•

Immediate Past President

Ally Jencson

ally@FLFloorCoatings.com

•

Vice President

Samantha Walter

samantha.walter@ramparttile.com

•

Recording Secretary

Michelle Humphrey

michelle@fpwhs.com

•

Treasurer

Christina Townsend

treasurer@nawic356.org

•

Directors

Linda Sterrett

Jennifer Zezlina, RA

Elysa Matthews

Grace Houston

boardmembers@nawic356.org

Special Committee Chairs 2022-2023

Block Kids – Naomi Kidd • 719-632-9868 • nrkidd4ppc356@outlook.com

Ginger Parry, CBT, CIT, ESP • 719-271-7915 • pde.nef.pp356@gmail.com

Bylaws – Karen Mitchell, CBT, CIS, CIT • 719-686-7482 • CO-kem513@outlook.com

CAD Competition Amy Christiansen • 719-203-3340 • amy.christiansen@ramparttile.com

Angelique Kallio, CIT • 719-532-9988 • angeliqueK@tms-companies.com

Diversity, Equity & Inclusion – **NEEDS A CHAIR**, Kelly Eustace • 719-667-4771 • kellyE@hpeinc.com

Fundraising – Amy Christiansen & Elysa Matthews • 719-203-3340 • amy.christiansen@ramparttile.com

OSHA Alliance/Safety – Karen Mitchell, CBT, CIS, CIT • 719-686-7482 • CO-kem513@outlook.com

Retreat Committee – Grace Houston • 719-440-3878 • graceh@fpwhs.com

Rosie Run 5K Committee – Ally Jencson & Kristen Ibarra, CDT • 719-659-6618 • ally@FLFloorCoatings.com

Social Media – Jessica O’Connell • 719-310-4848 • nawicpp356@gmail.com

Scholarship (NFSF) – Michelle Humphrey • 719-593-0355 • michelle@fpwhs.com

Strategic Planning – Christina Townsend • 719-884-0723 • christina.townsend@hubinternational.com

Marketing – Samantha Walter • 719-649-2739 • samantha.walter@ramparttile.com

WIC Week – Grace Houston and Samantha Walter • 719-440-3878 • graceh@fpwhs.com

Craft Club – Ginger Parry, CBT, CIT, ESP & Amy Christiansen • 719-271-7915 • pde.nef.pp356@gmail.com

Community Outreach – Samantha Walter • 719-649-2739 • samantha.walter@ramparttile.com

2023 Spring Conference – Ally Jencson • 719-659-6618 • ally@FLFloorCoatings.com

Membership Announcements

Welcome our newest members!

Lisa Gardunio with Elder Construction

Lela Nemmers with Elder Construction

Morgan Wright with Nunn Construction

At the end October 2022, we are at **40** Members.

Please pickup and hand out the promotional flyers.

If you have any questions, feel free to reach out to the Membership & Marketing team at
membership@nawic356.org

Tell your fellow Women in Construction!



Website: www.nawic356.org



Instagram: [@nawicpp356](https://www.instagram.com/nawicpp356)



Facebook: [@nawicpp356](https://www.facebook.com/nawicpp356)



LinkedIn: [NAWIC Pikes Peak Chapter 356](https://www.linkedin.com/company/nawic-pikes-peak-chapter-356)



National Website: <https://www.nawic.org/>

Membership Announcements



The National Association of
Women in Construction

NOVEMBER MEMBERSHIP MEETING

THURSDAY, NOVEMBER 17, 2022 - 5:30PM
ELKS LODGE #309, 3400 N. NEVADA AVE.,
COLORADO SPRINGS, CO 80907

MIKE THOMPSON, A STRUCTURAL
PROJECT MANAGER AT RMG
ENGINEERS / ARCHITECTS, WILL
SPEAK ABOUT THE BENEFITS OF AND
CONSTRUCTION METHODS OF TILT
UP CONCRETE CONSTRUCTION.



- Networking & Dinner 5:30 - 6:00 pm.
- This is a pay to attend event. Cost to attend will be \$25.00 per person, to be paid through Eventbrite.
- Business Meeting to begin at 6:00 pm.

RSVP TO EVENTBRITE BY MONDAY, NOVEMBER 14TH AT NOON.

<https://www.eventbrite.com/e/nawic-pikes-peak-chapter-356-november-membership-meeting-tickets-427600222777>

Membership Announcements



NAWIC PIKES PEAK CHAPTER #356
INVITES YOU TO OUR:

ROCKIN' - SOCKIN' HOLIDAY PARTY!

Thursday December 8th, 2022 at 5:30pm
At Timberline Landscaping
8110 Opportunity View, COS 80939

Bring your holiday cheer, a potluck dish to share,
your drink of choice, and a pair of socks stuffed
with gifts for our gift exchange game!
(\$10 limit for sock gifts)

RSVP on Eventbrite by 12/5/2022

NAWIC
The National Association of
Women in Construction
Pikes Peak

<https://www.signupgenius.com/go/70A0A44AFA72AA2FD0-holiday>



Community Outreach



It's hard to believe that we are already into the fourth quarter of 2022. The leaves are changing and soon we will be gearing up for the holidays. The holiday season is a great time to give back to our community by volunteering and what better place to volunteer at than our local Care and Share Food Bank for Southern Colorado. Our chapter will have 20 slots available to help at the Distribution Center, sorting and packing food, on Saturday, November 12th, from 1:00 pm – 3:30 pm. Please use the link below to register for our specific group.

ALL VOLUNTEERS MUST WATCH OUR ORIENTATION VIDEO BEFORE VOLUNTEERING: CLICK [HERE](#) to watch. Please follow these instructions to register online for your reserved event(s):

1. Visit the Care and Share Food Bank for Southern Colorado event registration page: <https://cerv.is/0066rNAWIC> (This link will only display the events specifically reserved for your group).
2. Select your desired event and follow the on-screen instructions to access the CERVIS registration system. If this is your first time using the CERVIS online registration system, you will be prompted to create a Volunteer Profile.

Event Reservation Code: NAWIC

Everyone, including all adults and children must register for the event **2 days** before volunteering. Any volunteer slots that are remaining will *automatically* be released back to the public to fill those slots.

Waivers for volunteers under 18. Waivers for volunteers under the age of 18 must be signed electronically by the guardian during the time of registration. Unfortunately, we cannot allow any child under 18 to volunteer without this waiver signed by their guardian.

Basic Information and Safety Protocols:

- Please excuse yourself from volunteering and reschedule your shift if you are more than 10 minutes late. It's important that all volunteers arrive on time to receive instructions to complete the daily activity.
- Enter on the **NORTH-EAST** side of the building *across from the GREENHOUSE* (Follow the volunteer signs, and find the door that says "Volunteer Entrance")
- Face masks are optional, please bring your own.
- All shoes must be closed-toed with no open backs
- No overly loose clothing is allowed for safety reasons (skirts, dresses, baggy pants)
- Cell phone use is limited to the employee/volunteer break room.
- No headphones (music, Bluetooth) are allowed in the volunteer areas or the warehouse.
- Purses and bags should be left at home.
- Only designated Care and Share employees are allowed to ride or operate forklift equipment

Personal food or drinks are allowed only in the employee/volunteer breakroom

**This facility houses and processes food that may contain, or come into contact with, the following allergens: milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, and soybeans*

If you have any questions regarding this volunteer opportunity, then please contact Samantha Walter at samantha.walter@ramparttile.com or at 719-649-2739.

Community Outreach



For the month of December, we will be collaborating with God's Pantry to "adopt" two families in need for the Christmas holiday.

- Family 1 – A woman has been raising her two-year-old nephew, since his birth, own her own. He was born addicted to heroin. She has been unable to get the birth parents to relinquish custody of the boy and is unable to get any assistance because he is not hers. She works full time, but she is still struggling.
- Family 2 – A past volunteer has developed stage four cancer. He is 34 years old and has four children. He was let go at work, and no one will hire him due to the cancer.

The goal is for our chapter to help both families in need, not just by purchasing gifts for the children, but also by helping to provide items that are needed, including a holiday meal. We are waiting to hear back from God's Pantry with the specifics on what we will be shopping for and the date that we need to turn everything in by. We are currently looking at the first and/or second weekends in December to get together to shop for the families. As of now, we will be accepting monetary donations (cash, check, Venmo) to put towards the families wish lists. Please contact Samantha Walter directly to make arrangements for a donation. We'll also be looking into the option to purchase fully prepared holiday meals or a grocery gift card, for each family, depending on their specific needs. If the gifts that we purchase need to be wrapped, then we will also hold a gift-wrapping evening. More details and specific dates to come as we hear back from the organization, and we work out the details.

Save the Possible Event Dates:

Gift Shopping for the Families – Dec 2/3 and/or Dec 10/11

Time: TBD

Gift Wrapping – Weeknight evening

in December



Community Outreach



Thank you to all who donated to help make our donation to Safe Passage for the 3rd quarter such a success!



2022 Annual Turkey Drive

**2022
TURKEY DRIVE!**



**November 17
7:30am-12pm**

Drop off FROZEN turkeys at our Colorado Springs office at 4870 Centennial Blvd, Suite 100. You can also click this image, or scan this code, to contribute directly to Elder's Care & Share fundraising page.



Please join Elder Construction for our 28th Annual Turkey Drive! We partner every year with Care and Share to provide turkeys for people in our community so that everyone can share a Thanksgiving dinner with their families.

Last year we, along with our wonderful friends and coworkers, provided food for over 2,300 families.

We would love to see you (and your turkeys!) at our office at 4870 Centennial Blvd in Colorado Springs on November 17, 2022 from 7:30 am - 12 pm to thank you in person for your help in reducing food insecurity for our neighbors in need.

If you can't make it, please consider donating directly to Care and Share by using the QR code above or

[CLICK HERE](#)

You're Invited to the
W.I.L.D. WEST
Women-Inspired Leadership Development

NAWIC
Pacific Southwest Region
Spring Conference
April 28 & 29, 2023

Cheyenne Mountain Resort
Colorado Springs, Colorado

Come Early - Thursday Tour of the United States Olympic and Paralympic Museum!

2 Days of Amazing Speakers & Education
Denim & Pearls Welcome Reception Friday
Region Awards Banquet Saturday Night

REGISTER AT [PSWREGIONEVENTS.ORG](https://pswregionevents.org)

WIC Week Update

Many Paths 
ONE MISSION

Women in Construction Week
March 5 - 11, 2023
www.nawic.org



Ladies it's time to mark your calendars: Women in Construction (WIC) Week will be happening March 5-11, 2023!

A whole week dedicated to celebrating women like YOU!

Keep an eye out for our chapters WIC Week calendar that will be shared with the chapter soon.

SAVE & SHARE THE DATE: Our Chapter's WIC Week event "Gal's on the Green" will be happening Saturday March 11, 2023 at 5pm at First Tee.

Can't wait to PAR-TEE with each of you and potential members!

If you have any questions, don't hesitate to reach out.

Grace Houston • WIC Week Chair • graceh@fpwhs.com

847-721-9116

Design Drafting Competition

Save the date - The Judging is scheduled for Saturday morning, March 18, 2023. Location TBD.

More details will follow for volunteer, sponsor, and judge opportunities after the New Year.

Amy Christiansen • 719-203-3340 • amy.christiansen@ramparttile.com

Angelique Kallio, CIT • 719-532-9988 • angeliqueK@tms-companies.com

Professional Development & Education

Calling all chapter members to attend PD&E Webinars! There will be 2 awards for our Region for attending! The first award, Chapter PD&E Participation Award, will go to the Chapters with the most members participating in live National PD&E webinars. The second award, Chapter PD&E Champion Award will go to the Chapters with the most creative and/or consistent PD&E programming for the coming year.

November 8, 2022 - Personal Branding

January 10, 2023 - Construction Suicide Awareness & Prevention

February 14, 2023 - Building a Better Business Story

March 14, 2023 - Building a Better Presentation

April 11, 2023 - Tools of the Trades from a Badass Tool Gal

May 9, 2023 - Creating an Exceptional Client Experience

June 13, 2023 - 3 A's to Recruiting & Retaining a Sustainable Workforce

Login to your [nawic.org](https://www.nawic.org) account, click on education, click on webinars.

Be sure to save the date in your schedules for the monthly PSW PD&E Zoom call! Our Zoom sessions are held on the third Thursday of every month at 7am Hawaii Pacific / 11am Pacific / 12pm Mountain / 1pm Central / 2pm Eastern times.

The ZOOM meeting ID and passcode are always the same:

Meeting ID: 603 457 6573

Passcode: REBEL

(Please note: the passcode is my acronym for **Real Example of Brave Empowered Leader**)



SAVE THE DATE!

September 28, 2023

We invite you and high school students (grades 11-12) to volunteer at the 14th annual Colorado Construction Career Days of Southern Colorado on September 28, 2023. The purpose of Construction Career Days is to broaden student knowledge about the multi-faceted opportunities available and to increase the number of men and women entering the construction industry. This event also puts them in contact with local contractors. Students spend the day from 8:30 AM to 1:30 PM engaged in hands-on events, stationary equipment activities and technology demonstrations.

Lunch will be provided.

Registration and information will be available on line at

<https://www.sococareerdays.com/>

prior to the event.

Planned and Organized by:

Southern Colorado Construction Career Day Foundation

LOCATION: NORRIS PENROSE EVENT CENTER
1045 LOWER GOLD CAMP ROAD

Educational Corner

LORMAN WEBINARS

Check them all out [HERE!](#)

NEF RESOURCES

Check out the awesome website with
all the education updates and
recourses [HERE!](#)

NAWIC MENTOR PROGRAM

Chapter Mentor [Program Guidelines](#)
and [Resource](#)

**BUILD.
LEAD.
SUCCEED.**



Powered By:
Touchplan



THE
OFFICIAL
PODCAST
of

NAWIC
The National Association of
Women in Construction

**CLICK
HERE**

[Podcasts](#)

READ ALL ABOUT IT...

*Click to preview
NAWIC Today publication*



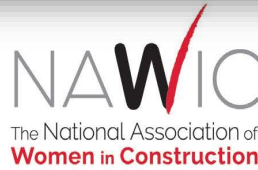
Looking for a change or a new career in construction?

Visit NAWIC's awesome job site search for jobs all over the U.S!

<https://nawic-jobs.careerwebsite.com/>

Construction Humor





Pikes Peak

PIKES PEAK CHAPTER 356 CHAPTER SPONSORSHIP FORM

NAWIC's core purpose is to enhance the success of women in the construction industry and our chapter's goal is to help educate and promote leadership to women in the construction industry. A NAWIC sponsorship allows companies to annually demonstrate commitment and support of these values within our community.

With a variety of sponsorship opportunities available, sponsors like you allow the leadership and membership of our chapter to execute programs that introduce construction as a viable career path, promote construction trades as another alternative to a successful career choice, work with students from elementary to high school with our Block Kids and Design Drafting Competitions, and introduce a wide variety of professional development and education to promote professional growth.

SPONSORSHIP LEVELS

Build It Up Sponsorships at all levels include company logo on the welcome page of the chapter website with a link to the company's website, a specific sized business ad in our monthly chapter newsletter, the Centerline, recognition at each chapter meeting and events, and other benefits as outlined below. The sponsorship period is October thru September.

- Build It Up Platinum Sponsor \$2,000 - Includes all items listed above, with a full-page ad in the Centerline, one annual corporate membership, and \$500 applied to two chapter events of your choice.
- Build It Up Gold Sponsor \$1,500.00 – Includes all items listed above, with a full-page ad in the Centerline, and \$500 applied to two chapter events of your choice.
- Build It Up Silver Sponsor \$1,000.00 - Includes all items listed above, with a 1/2-page ad in the Centerline, and \$500 applied to two chapter events of your choice.
- Build It Up Bronze - \$500.00 Includes all items listed above, with a 1/4-page ad in the Centerline, and \$250 applied to one chapter event of your choice.

For more detailed information regarding our chapter events and programs, please contact our chapter president at president@nawic356.org.



Pikes Peak

Yes! I would like to partner with NAWIC Pikes Peak Chapter 356 to help fund educational and service projects in the construction industry within our community. I understand my sponsorship will also help with NAWIC Education Foundation programs held throughout the year.

Company Name: _____

Company website: _____

Contact Name: _____

Contact Email address: _____

**** Please email your company logo to info@nawic356.org ****

Sponsorship Level Selected:

____ Platinum \$2,000 ____ Gold \$1,500 ____ Silver \$1,000 ____ Bronze \$500

I would like a portion of my donation to be applied to the following chapter events:

Please select two chapter events for a Platinum, Gold, or Silver sponsorship and one chapter event for a Bronze sponsorship.

____ [NEF Block Kids](#)

____ Rosie Run 5K

____ [NEF Design Drafting](#)

____ Katie Trapp Conference Fund

____ Women in Construction (WIC) Week

____ Annual Installation & Awards Ceremony

I would like to make an additional donation of _____ to the following chapter event(s): _____

***Total sponsorship and donation amount:** _____

Make checks payable to and mail to:

NAWIC Pikes Peak Chapter #356
PO Box 7455
Colorado Springs, CO 80933

*Email Credit Card Payment information to treasurer@nawic356.org :

Name as it appears on Credit Card: _____

Credit Card Number: _____

Expiration Date: _____

CVV Code: _____

Billing Zip Code: _____

***3.5% convenience fee applies**



Pikes Peak

NAWIC Pikes Peak Chapter 356 Social Media Post Request Form

Please fill out in the information below. Email **questions**, form, and photos/videos nawicpp356@gmail.com.

Date of Request:

Name/Committee:

SM Post Date:

****Please note, all Social Media posts are subject to review. Post content should remain NAWIC relevant and not include political/religious affiliations. ****

Repeat Post? If so, how many times? When?

Where would you like this post (please check): ☐ Facebook ☐ Instagram

Post Caption:

Please write the caption that you would like to be uploaded with the post. Provide a description in the notes below for the purpose of the post, information on potential events (date, time, location, etc.), whatever information may be needed.

Additional Notes/Comments:

GOLD SPONSORS



**HEATING & PLUMBING
ENGINEERS, INC.**

MECHANICAL CONTRACTORS
SINCE 1947

SILVER SPONSORS



SILVER SPONSORS



Engineers / Architects

Advertise in the Centerline!

We are offering you an opportunity to advertise in our

Business Card Size	\$35.00
1/2 Page	\$75.00
Full Page	\$100.00

monthly NAWIC Newsletter "The Centerline"

The Colorado Springs newsletter is distributed to our members, posted on our website, sent to our Regional Director and is available on the NAWIC Region 8 website.