

# December 2021 Centerline

December 2021  
Volume 63

National Association of Women in  
Construction NAWIC Chapter 356  
PO Box 7455 Colorado Springs, CO  
80933



## Pikes Peak Chapter 356

Pikes Peak

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"We are like a snowflake all different in our own beautiful way."

-Unknown

### Events

- 12/2 Chapter Holiday Party
- 1/20 Cougars Gone Wired Team 2996 challenge
- 2/5/22 Block Kids
- 2/17 Membership Meeting
- 3/17/21 Construction Career Days

Welcome to December!

*It's the holiday season and I am so excited for it this year. Holiday parties are back! It is so good to gather in person and celebrate the joy of the season and our successes over 2021. It's hard to believe this year is coming to a close so quickly.*

*We have a few events in December for you to join in on if you have not RSVP'd already. First we will hold Pikes Peaks Holiday Party - PJ's and Potluck with an ornament exchange, then our PD&E Book Club will be meeting in person on December 4<sup>th</sup> and we have a joint Holiday Brunch with the Denver Metro Chapter on December 11<sup>th</sup>! Be sure to come out for some great camaraderie and networking!*

*January is right around the corner and I am super excited to meet at Coronado High School for our January meeting and see what Team 2996 has in store for their robotics project in 2022! We will also be gearing up for our Block Kids Competition on February 5<sup>th</sup>. Contact Naomi Kidd or Ginger Parry, our Block Kids Committee, for more info and how to volunteer.*

*I am extremely blessed to be able to have my extended family in town to celebrate Christmas AND a 5 year wedding anniversary/renewal of the vows ceremony for my oldest son and wife. It's going to be a VERY special celebration! I hope each of you are blessed with time to spend with your special people during the holidays. May you all have a joyous season and a happy New Year!!*

***Shine Our Light. Expand Our Impact.***

*Allison "Ally" Jencson*

*President, Pikes Peak Chapter 356*

*President/CEO Frontline Floor Coatings*

*Founder, Girder Skirts™*



## Standing Committees 2021-2022

**Professional Development & Education/NEF** – Ginger Parry & Ally Jencson • [pde.nef.pp356@gmail.com](mailto:pde.nef.pp356@gmail.com)

**Membership & Marketing** – Christina Townsend, Jessica O’Connel, Rebecca McNabb and Samatha Walter • [membership@nawic356.org](mailto:membership@nawic356.org)

**Finance** – Samantha Walter • 719-649-2739 • [treasurer@nawic356.org](mailto:treasurer@nawic356.org)

## Chapter Functions

**Historian** – Kristen Ibarra 719-203-3323 [kibarra@rmg-engineers.com](mailto:kibarra@rmg-engineers.com)

**Website** – Samantha Walter 719-635-0902 [info@nawic356.org](mailto:info@nawic356.org)

**Parliamentarian** – Karen Mitchell 719-686-7482 [CO-kem513@outlook.com](mailto:CO-kem513@outlook.com)

**Centerline Editor** – Staci Calderon 719-339-5887 [scalderon@rusinltd.com](mailto:scalderon@rusinltd.com)

## Special Committee Chairs 2021-2022

### Board 2021-2022

#### President

Ally Jencson

•

#### President—Elect

Kristen Ibarra

•

#### Vice President

Tammy Pascual

•

#### Recording Secretary

Michelle Humphrey

•

#### Treasurer

Samantha Walter

•

#### Directors

Linda Sterrett

Kayla Ortivez

Ginger Parry

Grace Houston

**Block Kids** – Naomi Kidd • 719-632-9868 • [nrkidd4ppc356@outlook.com](mailto:nrkidd4ppc356@outlook.com)

Ginger Parry • 719-596-0733 • [pde.nef.pp356@gmail.com](mailto:pde.nef.pp356@gmail.com)

**Bylaws** – Karen Mitchell, CBT, CIT • 719-686-7482 • [CO-kem513@outlook.com](mailto:CO-kem513@outlook.com)

**CAD Competition** Amy Christensen • 719-203-3340 • [Amy.christiansen@ramparttile.com](mailto:Amy.christiansen@ramparttile.com)

Angelique Kallio, CIT • 719-532-9988 • [AngeliqueK@tms-companies.com](mailto:AngeliqueK@tms-companies.com)

**Diversity, Equity & Inclusion** – **NEEDS A CHAIR**, Kelly Eustace • 719-67-4771 • [kellyE@hpeinc.com](mailto:kellyE@hpeinc.com)

**Fundraising** – Valerie Bates • 719-649-4615 • [valeriepp356@outlook.com](mailto:valeriepp356@outlook.com)

Amy Christensen • 719-429-4676 • [amy.christiansen@ramparttile.com](mailto:amy.christiansen@ramparttile.com)

Staci Calderon • 719-339-5887 • [scalderon@rusinltd.com](mailto:scalderon@rusinltd.com)

**OSHA Alliance/Safety** – Karen Mitchell, CBT, CIT • 719-686-7482 • [CO-kem513@outlook.com](mailto:CO-kem513@outlook.com)

**Retreat Committee** – Grace Houston • 719-440-3878 • [grace@kruegerbrothers.com](mailto:grace@kruegerbrothers.com)

**Rosie Run 5K Committee** – Ally Jencson • 719-659-6618 • [ally@FLFloorCoatings.com](mailto:ally@FLFloorCoatings.com)

**Social Media** – Kayla Ortivez • [kaylaortivez@olsonph.com](mailto:kaylaortivez@olsonph.com)

**Scholarship (NFSF)** – Michele Humphrey • 719-593-0355 • [michelle@fpwhs.com](mailto:michelle@fpwhs.com)

**Strategic Planning** – Christina Townsend • 719– 884-0723 • [christina.townsend@hubinternational.com](mailto:christina.townsend@hubinternational.com)

**Marketing** – Samantha Walter • 719-649-2739 • [membership@nawic356.org](mailto:membership@nawic356.org)

**WIC Week** – Grace Houston and Samantha Walter • 719-440-3878 • [grace@kruegerbrothers.com](mailto:grace@kruegerbrothers.com)

# Membership Announcements



**SAVE THE DATE!**

**March 17, 2022**

We invite you and high school students (grades 11-12) in your school district to attend the 13th annual Colorado Construction Career Days of Southern Colorado on March 17, 2022. The purpose of Construction Career Days is to broaden student knowledge about the multi-faceted opportunities available and to increase the number of men and women entering the construction industry. This event also puts them in contact with local contractors. Students spend the day from 8:30 AM to 1:30 PM engaged in hands-on events, stationary equipment activities and technology demonstrations. Lunch will be provided. Registration and information will be available on line at <https://www.sococareerdays.com/> prior to the event. Please note that "Parent Permission Forms" will be required for the students to participate. These will be available on line also. Planned and Organized by: Southern Colorado Construction Career Day Foundation

**LOCATION: NORRIS PENROSE EVENT CENTER  
1045 LOWER GOLD CAMP ROAD**

# Membership Announcements



*"PROMOTING THE CONSTRUCTION INDUSTRY TO AMERICA'S YOUTH"*

**BE A HERO – BE A SPONSOR FOR COLORADO CONSTRUCTION CAREER DAYS OF SOUTHERN COLORADO  
MARCH 17, 2022**

**High School Students get a “Hands On” experience in the career areas in construction.**

**Bronze            \$500**

Your Recognition Value is:

Hang Banner

Business Card Ad in Career Guide

Web Site Recognition at Bronze Level

**Gold            \$2,500**

Your Recognition Value is:

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½ Page Ad in Career Guide

Recognition at Closing Assembly

Web Site Recognition at Gold Level

**Silver            \$1,000**

Your Recognition Value Is:

Hang Banner

¼ Page Ad in Career Guide

Web Site Recognition at Silver Level

**Platinum        \$5,000 and Above**

Your Recognition Value Is:

Hang Banner

Full Page Ad in Career Guide

Web Site Recognition at Platinum Level

A couple of minutes at the Podium at Closing Assembly

Southern Colorado Construction Career Day Foundation is a 501 (c) (3) organization. Donations are tax deductible to the extent allowed by law. **Please make payment payable to “Southern Colorado Construction Career Day Foundation”.**

Mail payment to: Southern Colorado CCD Foundation, PO Box 25301, Colorado Springs, CO 80936



# Chapter Announcements

## 2021 Holiday Party





# Chapter Announcements

## Silent Auction

Ginger has so kindly donated this hand crocheted work of art to raise funds for our chapter's general fund. It is a darling gift idea for someone on your "Nice List" or maybe a well deserved gift to yourself.

The Scarf and gloves are made of an Angora Blend yarn in the color shown in the attached image "Fire Degrade" using the Crocodile Stitch pattern. .

She has put 10 hours of precision into the set and humbly values it all at \$80.00 which includes the cost of the material.

Bidding starts at \$45 and will conclude on Monday the 20th. All the bids can come to Amy's email and she will send out updates when I receive them.

Bids can be sent to my [amy.christiansen@ramparttile.com](mailto:amy.christiansen@ramparttile.com) address.



# Chapter Announcements

## Joint Chapter Holiday Brunch

NAWIC Pikes Peak Chapter 356 would like to invite you to a joint holiday brunch with the Denver Metro Chapter 112 so we can network with our fellow NAWIC Sisters!

We will be celebrating on Saturday, December 11 from 11:00am-2:00pm at Rockyard Brewing Company; 880 Castleton Road, Castle Rock, CO 80109.

Please RSVP at <https://www.eventbrite.com/e/nawic-holiday-brunch-hosted-by-the-metro-denver-pikes-peak-chapters-tickets-205725890677> if you would like to join.

There will be a registration fee of \$35.00, which will cover the cost of food, non-alcoholic beverages, tax, and tip. Alcoholic beverages can be purchased separately at the venue. We are limited to 30 people, so no guests please. Please RSVP on the Eventbrite by Monday December 6, 2021.

We have planned a brunch to try and avoid weather related issues, however if weather becomes an issue, we will reschedule the brunch for a later date. No refunds will be given.

# Chapter Announcements

## Love Christmas Lights? Check this out...



This is one of our favorite things to do during the holidays and we are here to share it with you! The 9th Annual Colorado Springs [Christmas Lights Guide](#) has the must-see areas, businesses, and homes that have fantastic Christmas lights. We've also highlighted some hot cocoa and coffee stops along the way and a playlist of Christmas music to listen to while you tour.

Do you have a favorite lights display? If so, upload your photos on Instagram and use the hashtag [#CoSpringsLightsGuide](#) to be featured on our Instagram wall.

Check out this year's scavenger hunt! Can you find all of these things on your lights tour around Colorado Springs? Take a picture of your completed scavenger tour and tag us in it.

This is the perfect adventure to take your kids on, the perfect date idea for you and your significant other, or a great way to get in the holiday spirit with your friends!

See the full email and videos [HERE!](#)



Three years ago, a friend, and part owner of Patty Jewett's Grill and Bar, asked me to put an Angle Tree Event together for children in need in El Paso County. The community has helped over 200 children over the last two events!

In the past, I've gone through Greccio Housing and Alternative Beliefs and Choices Counseling to find children in need. This year we'll be going solely through Fostering Hope, they help, on numerous levels, local children in the foster care system.

Not only will we be putting the foster children on the tree for adoption, we're also putting all of the children in the home to better assist the foster parents so there's no money struggles burdening them to supply gifts for the other children in the home.

For children that have multiple kids in the home there will be a spending limit so one child doesn't get more than the other children. I will have that stated on the ornaments.

The help that I need from you ladies is to spread the word about the event! I'm guessing we're going to have onwards up to 300 children on the tree needing presents. Needs and wants will be on each ornament, along with: Name, Gender, Sizes (if requesting clothing). The closer we get to November, I'm sure the list of requests from any of you willing to help, will get longer.

If any of you ladies are wanting to volunteer for Fostering Hope they have a long list of needs to fill on their website! <http://fostering-hope.com/>

Thank you for your interest and support for this amazing organization!

Natalie Ulven



# 3RD ANNUAL, PATTY JEWETT'S, ANGEL TREE!

**Make a child's Christmas this season!**  
**Ornament adoption is Nov. 7, 2021 from 10am-2pm**

**PRESENT DROP OFF IS DEC. 12<sup>TH</sup>, 2020**

**10am-2pm**

**Please wrap the gifts for your adopted child and see an employee to let them know you are making a drop off.**

**Thank you!**

**Santa and Mrs. Clause will be passing out presents to the kids  
Dec. 19, 2021 from 11pm-2pm!**

## **UPDATE!**

**Hello Ladies,**

**As you know, for the 3<sup>rd</sup> year in a row, Natalie has been working with local organizations to get foster kids presents for Christmas, that would not have received gifts otherwise. There are four kids left. Is there anyone who would like to make a child's Christmas?**

**The limit that has been set per child is \$100, so that one kid does not get more than another kid in the same household. Wrapped present drop off is Sunday, December 12<sup>th</sup> from 8 am-6 pm.**

**If you are interested, please let us know we will put you on the list as "adopting" that child. Thank you, *Jessica O'Connell***

# Chapter Announcements

**Welcome NEW Members!**

**Carol Bishop**

([c.bishop@trygcs.us](mailto:c.bishop@trygcs.us)) Tryg  
Critical Solutions, LLC.

We are so glad that you chose  
to join our chapter. We look  
forward to seeing you at our  
upcoming events.

With Carol's membership, we  
are now **34 members!!**

**CONGRATULATIONS!**

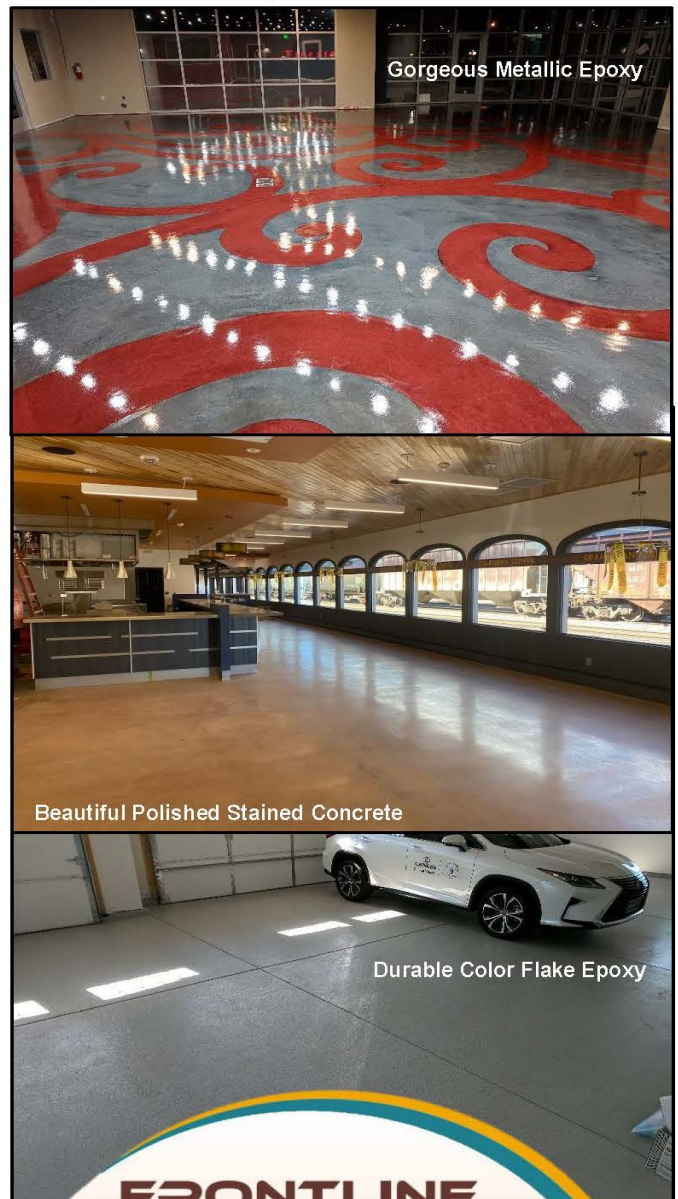
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Chapter will be strengthened  
though your participation.

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# National Information

## Current Industry Council's and Leaders Contact Information

Group	Leader(s)	Email	FCC Info				
			Log in	Password	Dial In	Access	Host Pin
Women Business Owner	Lisa Thibodeaux	li-sa@constructionclasses.com	wbo@nawic.org	li4wbocouncil	425-436-6384	2098669	8683
Women of Col-	Jeanine	jncooper01@gma	woc@nawic.org	li4woccouncil	425-436-6382	1440274	8560
Tradeswoman	Ally Jencson	al-ly@flfloorcoatings.com	tradeswoman@nawic.org	li4tradecouncil	425-436-6384	4239573	2041
Admin/Finance	Megan Gum-bel	mgum-bel@specificationproducts.com	afhrl@nawic.org	li4admincouncil	425-436-6374	2147931	1791
HR/Legal	Tracey Hart	thart@tsbyrne.co	hrlegal@nawic.org	li4hrlegal	425-436-6368	3293101	1145
	Emily Thorne	EAThorne@tarltoncorp.com					
Management/Operations	Alexis Houle	alex-ish@holmbergco.com	management@nawic.org	li4mgmtcouncil	425-436-6342	7548312	3213
	Colleen Parris	colleen.parris@grahamus.com					
Business Dev/Sales/Mktg	Lindsay Young	lindsay@numarketingllc.com	bdevsls-mktg@nawic.org	li4businesscouncil	425-436-6388	8172392	3091
Project Management/Safety	Lindsay Lauderdale	LLauderdale@BrasfieldGorrie.com	pmsafety@nawic.org	li4safetycouncil	425-436-6369	7981805	1676
Technology	Nicole Coates	nicole.coates@clarkconstruction.com	technology@nawic.org	li4technology	425-436-6349	1427704	1979
	Nichole Carter	nichole.carter@big-d.com					





Pikes Peak

### NAWIC Pikes Peak Chapter 356 Social Media Post Request Form

Please fill out in the information below. Email **questions**, form, and photos/videos [nawicpp356@gmail.com](mailto:nawicpp356@gmail.com).

Date of Request:

Name/Committee:

SM Post Date:

**\*\*Please note, all Social Media posts are subject to review. Post content should remain NAWIC relevant and not include political/religious affiliations. \*\***

Repeat Post? If so, how many times? When?

Where would you like this post (please check): ☐ Facebook ☐ Instagram

#### Post Caption:

Please write the caption that you would like to be uploaded with the post. If you would rather Social Media Committee write something, please provide a description in the notes below for the purpose of the post, information on potential events (date, time, location, etc.), whatever information may be needed.

Additional Notes/Comments:

# Educational Corner

## NAWIC WEBINARS

Jan 25, 2022 - 2:00 p.m. ET

PD&E – Committee—Project Scheduling 101 [register here!](#)

## LORMAN WEBINARS

Check them all out [HERE!](#)

## NEF RESOURCES

Check out the awesome website with all the education updates and recourses [HERE!](#)

## NAWIC MENTOR PROGRAM

Chapter Mentor [Program Guidelines](#) and [Resource](#)

# PD&E COMMITTEE



## 2021-2022 NATIONAL PD&E CONTEST

THE NATIONAL PROFESSIONAL DEVELOPMENT & EDUCATION (PD&E) COMMITTEE IS CHALLENGING EACH CHAPTER TO PARTICIPATE AND COMPETE IN THIS YEAR'S CONTEST IN DEVELOPING THE MOST IMPACTFUL PD&E PROGRAM/WORKSHOP THAT WOULD BENEFIT MEMBERS ACROSS THE ASSOCIATION.

*"Chapters are encouraged to think strategically to think outside the box and create a unique construction and personal development and education program that meets the needs of the NAWIC members".*

SUBMISSIONS ARE DUE BY JULY 1, 2022, VIA EMAILED SUBMISSION FORM TO [PDE@NAWIC.ORG](mailto:PDE@NAWIC.ORG).

AWARDS TO BE PRESENTED AT ANNUAL CONFERENCE 2021-2022 IN MINNEAPOLIS, MN.

**NOTE: EXTRA POINTS WILL BE AWARDED TO THOSE CHAPTERS WHO ENGAGE THEIR MEMBERS TO ENVISION EQUITY AS PART OF THEIR PD&E PROGRAM.**



**NAWIC**  
The National Association of  
**Women in Construction**

*Leading  
Builders.  
**Building  
Leaders.***

## SUBMISSION FORM

### Why Should Your Chapter Be Awarded This Contest?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on its right side, suggesting it's resting on a surface.

EnvisionEquity



NAWIC

The National Association of  
Women in Construction

## Safety & Health Awareness Committee

December 2021



### Holiday Safety Concerns in the Workplace

As the winter holidays approach, employees tend to be more distracted than usual. From a health and safety perspective, it is worth considering how these issues affect workers in the office, on the jobsite, and in their personal lives.

- **Fatigue:** People are more likely to be fatigued during the holiday season due to extra tasks and responsibilities. As a result, fatigue can pose a risk regardless of whether or not employees are engaging in high-risk work. Injuries in the workplace occur most often when they are not expected and are more likely to happen when employees are tired or run down. So, although fatigue is a complex issue that lacks a single easy solution, it might be a good idea to consider longer breaks or alter work schedules to help compensate for seasonal fatigue.
- **Rushing and frustration:** In addition to holiday stress in employees' personal lives, the construction industry often faces its busiest times leading up to the end of the year. The added pressure in the workplace and on the jobsite can affect employees' emotional state, causing them to rush. These states may cause employees to unintentionally create hazards or miss something vital. When rushing, workers are more likely to slip, trip, or fall. It should also be noted that some companies fail to live up to the "safety first" slogan during the holidays. It is important for management to make it clear to employees—through actions as much as words—that their safety is more important than rushing through a job.
- **Ladder safety:** Taken by the holiday spirit, employees may use ladders to decorate the workplace. With ladders being used more frequently around the holidays, it is important to provide a refresher on ladder safety. For example, people should ensure the ladder's stability before use, keep three points of contact at all times and never place a ladder on a surface other than the ground.



Karen Mitchell, CBT, CIS, CIT, National NAWIC Safety & Health Awareness Committee Chair

[CO-kem513@outlook.com](mailto:CO-kem513@outlook.com) 719-651-2824

- **Electrical safety:** Many electrical incidents happen over the holidays. These incidents are often caused by carelessness and misuse of decorations. Ensure that any decorative lights have been tested for safety by a recognized testing laboratory, are undamaged and do not overload the sockets. Employees should also be reminded about the importance of unplugging decorations for the night and never using electric lights on a metallic tree.



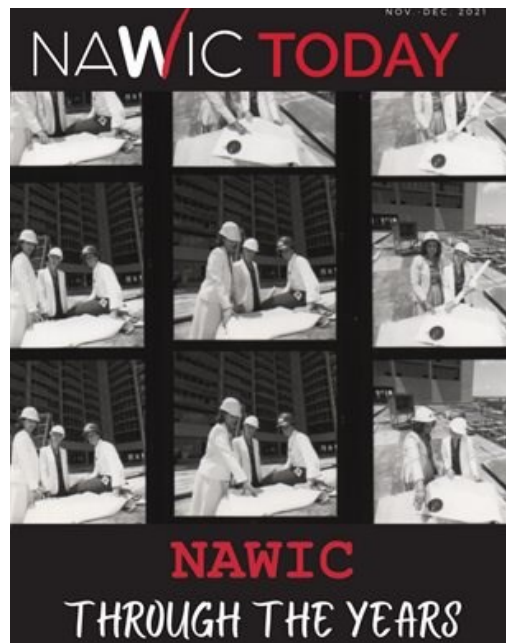
- **Slips, trips and falls:** If corridors and rooms are free of decorations and cables throughout the year, people are likely to become complacent and fail to notice when suddenly there is something in their way. Holiday lights and decorations should be clearly visible and kept out of the way to prevent tripping. There are many other ways for people to slip and fall during the holidays as well. Snow, ice, and rain are the main culprits, especially because they are coupled with shorter, darker days that make it easier for people to miss or misjudge a step when walking outdoors. Snow and ice should be removed promptly from areas where people will be walking. Safety managers should also consider providing new or additional mats to stop snow and water from being brought inside working areas.
- **Food safety:** Nobody wants to see employees get sick before the holidays. However, some workplaces do not take adequate precautions when ordering and storing party platters for their staff holiday gatherings. Food handling guidelines must be followed whenever food is being prepared, stored, and distributed. Be extra mindful of food-related allergies and make sure that anything with allergens is labeled appropriately and kept separately from other foods. If employees are contributing to potlucks or baking for their colleagues, remind them of the need to communicate the use of common food allergens.
- **Drunk and drowsy driving:** Work and family gatherings are often an opportunity for people to have a few drinks—but it is imperative that nobody is allowed to get behind the wheel after consuming alcohol. No employer wants their workers involved in a car crash. When organizing an event where alcohol is served, it is a good idea to pay for workers' cabs, Ubers, Lyfts, or other forms of paid transportation. There are also various charities and companies that drive people home in their own cars, thus preventing unnecessary worries and logistical problems concerning vehicles being left somewhere overnight. To reiterate the problems of fatigue above, you should treat drowsy driving with the same level of conviction as drunk driving because it is also risky, and most people are so complacent with driving tired that they do not even give it a second thought. And the combination of a late night and a couple of drinks compounds the risk to disastrous levels.

The holidays are a wonderful time to reconnect with friends and family. Being mindful of risks and hazards during the holidays will allow you to create memories this holiday that you will cherish for years to come.



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NAWIC Today publication*



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over the U.S!

<https://nawic-jobs.careerwebsite.com/>

# Construction Humor







NAWIC PIKES PEAK CHAPTER 356  
BUILD IT UP SPONSORSHIP FORM

Yes! I would like to partner with NAWIC Chapter #356 to help fund educational and service projects in the construction industry within our community. I understand my sponsorship will also help with NAWIC Education Foundation programs held throughout the year.

Build It Up Sponsorships at all levels include company logo on the first page of the chapter website, a link to company on the chapter website, a business card sized ad and link on the NAWIC Pacific Southwest Region website, recognition at each chapter meeting and event, and other benefits as outlined below.

I would like to support the Pikes Peak NAWIC Chapter #356 at the following level:

**Build It Up Bronze - \$250.00**

Includes all of the items above plus a 1/4 page ad in the monthly chapter Centerline newsletter.

**Build It Up Silver - \$500.00**

Includes all of the items above plus a 1/2 page ad in the monthly chapter Centerline newsletter.

**Build It Up Gold - \$1,000.00**

Includes all of the items above plus a full page ad in the monthly chapter Centerline newsletter.

**Build It Up Platinum - \$1,500.00**

Includes all of the items above plus a full page ad in the monthly chapter Centerline newsletter and one annual chapter membership.

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Mail to:  
NAWIC Pikes Peak Chapter #356  
PO Box 7455  
Colorado Springs, CO 80933

Date Received: \_\_\_\_\_  
Expires: \_\_\_\_\_



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We are offering you an opportunity to advertise in our  
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The Colorado Springs newsletter is distributed to our members, posted on our website, sent to our  
Regional Director and is available on the NAWIC Region 8 website.

Business Card Size	\$35.00
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Full Page	\$100.00

Your ad will run for one full year from the time of receipt. Send your business card or copy and check to:

NAWIC Chapter #356 PO Box 7455 Colorado Springs, CO 80933

Thank you for your support of Colorado Springs NAWIC Chapter #356