Hello NAWIC Sisters,

Sisters I am hoping this finds you all safe and healthy.

Some of you may know my daughter has the virus. She has been in a great deal of pain but is finally turning the corner. Most of us are still working because construction is considered essential. That is the bright side. If anyone needs anything, please feel free to let me know.

I would normally be talking to you all about Forum this month. Right now, nothing about our world is Normal. I hate not being able to tell anyone if we will have a meeting next month or not. At this point my guess would be, no, but we will play it by ear. Your guess is as good as mine how this will all play out locally, nationally and globally.

I would like to ask you all to please look at the Candidates running for National Office. We will be voting next month.

I Personally endorse the following Candidates:
President-Elect Candidate: Jill Hanson, CDT, CIT, ESP
Vice-President Candidate: Lauline Mitchell
Treasurer Candidate: Karen Hager, CBT, CIT
Secretary Candidate: Kristey Stewart, CIT

Don’t forget NEF is currently offering 10% off all courses through April 24th. Also, if you would like, you can take the exam at AMEC in August. Deadline for signing up for that is July 1.

Lastly, Karen Mitchell has sent out information about the following Webinar. If you did not get her email and are interested, please let me know.

NAWIC Wednesday Webinar’s: Making Time for What’s Important (Not Urgent)4/22/20 5:00

Sisters stay safe and sane!

Valerie Bates
President
Pikes Peak Chapter 356

The way I see it, if you want the rainbow, you gotta put up with the rain.—Dolly Parton
Standing Committees 2019-2020

Professional Development & Education – AVAILABLE
Membership & Marketing – Samantha Walter 719-649-2739 samantha.walter@ramparttile.com
Finance – Naomi Kidd (past)/Staci Calderon (current) 719-339-5887 scalderon@rusinltd.com

Historian – Kristen Ibarra 719-203-3323 kibarra@rmg-engineers.com
Web Site – Adele Swift 719-269-1173 aswift@tezakheavyequipment.com
Occupation Research/Referral – Alyssa Vernon 719-570-1774 alyssav@centralstatesroofing.com
Parliamentarian – Karen Mitchell 719-686-7482 kem0513@aol.com
Centerline Editor – Staci Calderon 719-339-5887 scalderon@rusinltd.com

“We can do it.” – Rosie the Riveter

Special Committee Chairs 2019-2020

Block Kids – Naomi Kidd 719-632-9868 nrkidd4ppc356@outlook.com
Bylaws – Karen Mitchell, CBT, CIT 719-686-7482 kem0513@aol.com
CAD Competition Amy Christensen 719-203-3340 amy.christiansen@ramparttile.com
Alyssa Vernon 208-412-8001 alyssav@centralstatesroofing.com

NEF – Karen Mitchell 719-686-7482 kem0513@aol.com

Social Media – Kristen Ibarra 719-203-3323 kibarra@rmg-engineers.com

Scholarship – Katie Trapp 719-635-0902 kt_trapp@yahoo.com

Strategic Planning – Kristen Ibarra 719-203-3323 kibarra@rmg-engineers.com

Fundraising – OPEN

WIC Week Jennifer Walker 719-546-6829 jennifer.walker@hubinternational.com

Board 2019-2020

President
Valerie Bates

President-Elect
Ally Jencson

Vice President
Kristen Ibarra

Recording Secretary
Tammy Pascual

Treasurer
Staci Calderon

Directors
Amy Christiansen
Alyssa Vernon
Samantha Walter
NAWIC Chapter 356 is looking for a Fundraising Committee and a PDE (Professional Learning and Development). One Committee Chair and two additional members per committee. Exciting opportunities to help our chapter get creative raising money, to help plan great activities and to help take our chapter to the next level of leadership, knowledge and empowerment through education. Please ask questions and challenge yourself. These are so important for our chapter! If you are interested or want to learn more, reach out to Valerie.

“We need women who are so strong they can be gentle, so educated they can be humble, so fierce they can be compassionate, so passionate they can be rational, and so disciplined they can be free.” – Kavita Ramdas

Click to preview NAWIC Today publication
New Member Corner

Welcome to our Chapter Cindy Lincicome!

President/CEO TLI Construction, Inc.

Cindy lives and works in Aurora but spends a lot of time down in Colorado Springs and will be joining us at upcoming meetings and events, as soon as that becomes available to us again.

Educational Corner

- April 15, 5:00 p.m. MST Agile / Modern Methods of Construction Webinar
- April 16, 10:00 a.m. MST PD&E Webinar: The 7 Cs of Compliance for Construction Firms, with Harbor Compliance
- April 21, 2:00 p.m. MST ABA-The Covid-19 Leadership Roundtable Special Forum Crisis Series Webinars: Construction Work Force & Employment Challenges
- April 26, 5:00 p.m. MST Making Time for What’s Important (Not Urgent) Webinar
- April 28, 2:00 p.m. MST ABA-The Covid-19 Leadership Roundtable Special Forum Crisis Series Webinars: Builders' Risk, Business Interruption & Other Insurance Questions
- May 5, 12:00 p.m. MST Membership & Marketing Webinar: Gearing up for Annual Conference
- May 12, 2:00 p.m. MST ABA-The Covid-19 Leadership Roundtable Special Forum Crisis Series Webinars: Force Majeure, Supply Chain Disruption, Delays & Claims

Click Here to Login and View All Webinars or to get further information.

National Level Website

NAWIC.org

CHECK OUT THE NEW AMAZING Website!

National Newsletter:

THE CONNECTION

Pacific Southwest Region Website

Visit our regional website.
Congrats to the CAD contest winners!

1st Place Blake K.
2nd Place Cade M.
3rd Place Katelyn Z


Thank you to our Special Sponsors!

Double M Concrete—Karen Mitchell
Rampart Tile Co—Amy Christiansen and Samantha Walter
Western Hardscape Supply
K&M Equipment (Olson)-Katie Trapp
Heating and Plumbing Engineers-Kelly Eustace

Big THANK YOU to our awesome volunteers and CAD Chair Committee Members as well, we could not have done it without you!

Amy Christiansen (Chair), Alyssa Vernon (Co-Chair), Angelique Kallio (Committee) and Berni Mount (Committee)

Karen Aldrich    Shirley Clark    Celeste Rice
Lori Aldrich     Karla Greeley    Linda Sterrett
Cathy Andrews    Angelique Kallio  Katie Trapp
Amy Christiansen Berni Mount    Alyssa Vernon
Sending lots of well wishes to one of our Directors, Alyssa Vernon, who just underwent back surgery and is on the mend!

A message from our President Elect Allison (Ally) Jencson

(Click On Ally to view)
It seems odd to not be able to get together for our membership meetings to learn new things, support one another, and share our lives with one another. After all, those are only a few reasons why we all became members of NAWIC. This is definitely a different time for our state and our country right now but with all of our due diligence to distance from one another, we will continue to flatten the curve so that we can gather together once again. I hope that everyone is staying healthy and safe.

—Samantha Walter (Director and Membership Chair)
“FEAR has two meanings, Forget everything and Run or Face Everything and Rise, the choice is yours” -unknown

“Things work out best for those who make the best of how things work out.” - John Wooden

—Submitted by Amy Christiansen (Director and CAD Chair)

20 Small Ways TO BE HAPPIER this year!

1. Go to sleep when you’re tired, you’ll wake up feeling refreshed.
2. Make someone happy. Good energy is contagious.
3. Be your own cheerleader and celebrate your small victories.
4. Count your blessings, you’ll realize that life is full of things to be grateful for.
5. Put down your electronics for an hour every day.
6. Stop snoozing your alarm, it only makes you feel more tired.
7. Start journaling, it helps you put things into perspective.
8. Learn something new and it will make you feel accomplished.
9. Spend more time with yourself and learn how to make the most of it.
10. Cry if you need to but don’t dwell for too long.

-Submitted by Staci Calderon (Treasurer and Centerline Editor) Resource from notesfromjocana.com
**5K Rosie Run**

3rd Annual Rosie Run

Saturday June 6, 2020 – 10am

Legacy Plaza – Gateway to Legacy Loop

1800 Recreation Way ● Colorado Springs CO 80907

T-Shirts for all participants ● Live DJ ● Fun Vendor Expo Booths

Scratch Mobile Kitchen Food Truck

* serving breakfast burritos, pancakes and more!

This fun 5K event was created to raise awareness and support for women in the construction industry and

NAWIC Pikes Peak Chapter 356 (nawic356.org)

Race Registration and Vendor Expo Details at

https://www.runningguru.com/E1.asp?eID=67885
5K Rosie Run Sponsorship

3rd Annual Rosie Run

Saturday 10am
June 6, 2020

Legacy Plaza – Gateway to Legacy Loop
1800 Recreation Way
Colorado Springs CO 80907

Sponsorship & Event Details

T-Shirts for all participants • Live DJ • Fun Vendor Expo Booths • Scratch Mobile Kitchen Food Truck (serving breakfast burritos, pancakes and more) • Professional chip timing for all our participants.

This fun 5K event was created to raise awareness and support for women in the construction industry and NAWIC Pikes Peak Chapter 356 (nawic356.org)

“We Can Do It” Level - 2’ x 6’ All Weather UV Resistant Banner $500.00
All banners displayed on start/finish line fencing and displayed for at least 4 (four) additional LYM Events running events over the coming year. Your banner will be right where all the photos and social media post pics will be taken!

Moxie Level - 5K T-Shirt PLUS 5K Registration Site Sponsor $175.00*
Moxie is 40’s slang for courage or strong nerves. Your company logo on the back of all 5K participant T-Shirts AND logo w/ website link on race registration site
*DEADLINE IS MAY 22, 2020 for T-Shirt Sponsorships

Jive Bomber Level - 10’ x 10’ Vendor Expo Booth $75.00
Jive Bomber is 40’s slang for good dancer! Market your business in person
And connect with all who attend the 5K and any passers-by!
Please provide your own pop-up cover, 6’ or 8’ table, 2 chairs and 2 booth attendees.
Vendors are requested to bring a Door Prize (minimum value $25) to be given away at the finish of the race and you have an opportunity to share about your business using our DJ’s sound equipment.
Don’t have a table? Rent a 10’x10’ pop up, 6’ folding table w/ table cover and 2 chairs ADD $50.00** Provided, set up and taken down for you! **Rental fees payable directly to LYM Events on race day.

Dame Level - 5K Registration Site Sponsor (online only) $50.00
Dame is 40’s slang for woman. Your company logo on the Race Registration website where all participants must register.

To become a Sponsor today please fill out attached Sponsorship Form

-- OR Contact --
Ally Jencson
Ally@FLFloorCoatings.com
719-659-6618 call or text
SmartAsset found that between 2014 and 2018, construction labor jobs held by women increased by 85%, compared to about 25% job growth for the industry at large. The only industry with more growth was taxi drivers and chauffeurs. Job growth for women in that industry grew 188% over the five years ending in 2018, which would be astounding if those numbers didn’t include people driving for Lyft and Uber.

“This growth for women is particularly relevant for changing labor markets in the U.S., as there are a significant number of construction laborers. Compared to the other jobs in our top 10, there are almost twice as many construction laborers as any other occupation,” SmartAsset wrote in the report.

Construction manager jobs for women increased less dramatically: about 49% in the same five-year period. SmartAsset noted that women are better represented among construction managers than laborers. About 8% of construction managers in 2018 were women, compared to the less than 4% of labor jobs held by women.
General Information


Health Topics/Coronavirus webpage. World Health Organization (WHO).


Health Alert Network. Centers for Disease Control and Prevention (CDC). U.S. Department of Health and Human Services (HHS). Provides up-to-date information about urgent public health incidents to public information officers; federal, state, territorial, and local public health practitioners; clinicians; and public health laboratories.

Guidance on Preparing Workplaces for COVID-19. Occupational Safety and Health Administration (OSHA), U.S. Department of Labor (DOL)

Protecting Workers During a Pandemic. Occupational Safety and Health Administration (OSHA), U.S. Department of Labor (DOL).

Coronavirus Health Information. National Institutes of Health (NIH), U.S. Department of Health and Human Services (HHS).


Coronavirus Resources. U.S. Department of Labor (DOL).

OSHA to Use Discretion in Enforcement of Certain Standards During Coronavirus Pandemic

On April 16, 2020, OSHA issued an Enforcement Memorandum addressing new challenges employers face in meeting OSHA regulatory obligations. The enforcement memorandum, entitled “Discretion in Enforcement when Considering an Employer’s Good Faith Efforts During the Coronavirus Disease 2019 (COVID-19) Pandemic,” outlines different examples of enforcement relief for employers who exercise good faith in compliance while dealing with the realities and difficulties of risk to exposure to COVID-19 for their employees.

In a nutshell, the Enforcement Memorandum provides that when employers have made good faith attempts but are unable to comply with testing, training, reviews, and audits because of the Coronavirus pandemic, OSHA “shall take such efforts into strong consideration in determining whether to cite a violation.” Alternatively, if an employer cannot demonstrate any efforts to comply or why compliance could be a greater hazard, OSHA may issue a citation.

The enforcement policy is applicable to all industry sectors. The Enforcement Memorandum takes effect immediately. While OSHA intends for the Enforcement Memorandum to be “time-limited,” it does remain in effect until OSHA provides further notice. Examples of enforcement relief outlined in the document include issues related to auditing, testing, annual training, and medical surveillance. Specific enforcement discretion scenarios are listed in an Annex to the document, and include annual audiograms, annual process safety management requirements, hazardous waste operations training, respirator fit testing and training, crane testing and certification, and medical evaluation requirements.

OSHA has recognized that complying with certain OSHA regulatory obligations is not feasible if doing so would pose an unreasonable risk of virus transmission among the employer’s workforce. This Enforcement Memorandum follows an earlier OSHA publication, Guidance on Preparing Workplaces for COVID-19, which covers basic steps that every employer can take to reduce the risk of worker exposure to COVID-19 in their workplace.

The bottom line is that employers need to continue to make good faith efforts to comply with OSHA regulations, and document their efforts in doing so. If you have any questions about this new information please do not hesitate to reach out to a Sherman & Howard Workplace Safety attorney.

©2020 Sherman & Howard L.L.C. has prepared this newsletter to provide general information on recent legal developments that may be of interest. This advisory does not provide legal advice for any specific situation and does not create an attorney-client relationship between any reader and the firm. Click HERE to receive S&H Advisories and Invitations to events.
JOBSITE HUMOR

MT. POT'S
Portable Restrooms

719-748-3537

IN AN EFFORT TO PRACTICE
“SOCIAL DISTANCING”

PLEASE ONLY ONE PERSON
IN THE PORT-O-JOHN AT A
TIME!!
Yes! I would like to partner with NAWIC Chapter #356 to help fund educational and service projects in the construction industry within our community. I understand my sponsorship will also help with NAWIC Education Foundation programs held throughout the year.

Build It Up Sponsorships at all levels include company logo on the first page of the chapter website, a link to company on the chapter website, a business card sized ad and link on the NAWIC Pacific Southwest Region website, recognition at each chapter meeting and event, and other benefits as outlined below.

I would like to support the Pikes Peak NAWIC Chapter #356 at the following level:

**Build It Up Bronze - $250.00**
Includes all of the items above plus a 1/4 page ad in the monthly chapter Centerline newsletter.

**Build It Up Silver - $500.00**
Includes all of the items above plus a 1/2 page ad in the monthly chapter Centerline newsletter.

**Build It Up Gold - $1,000.00**
Includes all of the items above plus a full page ad in the monthly chapter Centerline newsletter.

**Build It Up Platinum - $1,500.00**
Includes all of the items above plus a full page ad in the monthly chapter Centerline newsletter and one annual chapter membership.

Name: ________________________________________________________________________

Company: _____________________________________________________________________

Street Address: _________________________________________________________________

City, State, Zip: ________________________________________________________________

Mail to:
NAWIC Pikes Peak Chapter #356
PO Box 7455
Colorado Springs, CO 80933
Double M Concrete LLC

Our quality is concrete!

Concrete slabs
- Residential
- Commercial

Post Tension Cables
- Post-Tension Institute Certified Installer
- Residential
- Commercial
- Special Application

Decorative Concrete
- Stamped
- Acid-etched / Stained
- Exposed Aggregate
- Concrete Overlays

Shotcrete Erosion Control

Double M Concrete LLC
203 Debbie Circle
Woodland Park, CO 80863
719-686-7482
www.doublemconcrete.com
Over 100 years ago Olson Plumbing & Heating Co. opened as a one man plumbing shop.

Since that time Olson Plumbing & Heating Co. has worked on some of the most distinct landmarks in the Pikes Peak Region. Today, we are still family owned and guided by the same simple rules – do excellent work at a fair price, provide prompt service day or night, and stand behind every job.

719-635-3563

www.olsonph.com
Advertise in the Centerline!

We are offering you an opportunity to advertise in our monthly NAWIC Newsletter "The Centerline"

The Colorado Springs newsletter is distributed to our members, posted on our website, sent to our Regional Director and is available on the NAWIC Region 8 website.

<table>
<thead>
<tr>
<th>Business Card Size</th>
<th>$35.00</th>
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<tr>
<td>1/2 Page</td>
<td>$75.00</td>
</tr>
<tr>
<td>Full Page</td>
<td>$100.00</td>
</tr>
</tbody>
</table>

Your ad will run for one full year from the time of receipt. Send your business card or copy and check to:

NAWIC Chapter #356 PO Box 7455 Colorado Springs, CO 80933

Thank you for your support of Colorado Springs NAWIC Chapter #356

Region Sponsorship!

NAWIC Benefit Is A Two Way Street!!!

Remember that for only $15 per year you can advertise your company OR show your personal support to the Pacific Southwest Region Fund? Provide a business card or a Logo of your company and a statement of 75 words or less about your company and we will ask our Web Wizard Will to put it on the site for you from now thru next September... How? It’s easy...

1. Send your business card and check for $15.00 Payable to Pacific Southwest Region Fund to:
   Nancy Eaton
   2740 W 5700 N
   Cedar City, Utah 84721

2. E Mail me your ad and scan your Logo to: lvwic@ix.netcom.com

Your benefit is the ad!! Regional benefit is the ad! (Click here to see current sponsors)