

National Association of Women in Construction November 2017 Volume 22, Issue 2

The Centerline

President's Message

Hello to all members of the NAWIC Pikes Peak Chapter 356!

Hope you had a very Happy Halloween! We are supposed to get warm weather for Halloween. Unusual for Colorado Springs. The snow we usually get for Halloween is a day early this year.

The Fall Conference meeting in Aurora for the Pacific Southwest Region was great! We had great speakers. Carol Hagen from Hagen Business Systems gave us insight about Bluebeam and the tricks of using it. Mandy Ullerich talked to us about staying healthy and using Doterra. 60-80% of your immune system is located in the gut. We have three brains mind, heart and gut. Mitch Veeder, MA, CDMS, ARM, Pinnacle Assurance, spoke to us about employees getting hurt on the job and returning to work. Sally Mounier, Council Member, Ward 1, City of Aurora, told us how Aurora is moving into the future at a fast rate of speed. It is a wonderful city to visit with a lot of restaurants and places to visit. The Stanley Market was a fun place to visit. Mike Barden, LEED AP, Director of Facility Projects, University of Colorado Denver and Anschutz Medical Campus, explained to us the history of the facilities. They are very LEED oriented and were before it was popular. Sarah Carr, Executive Coach and Consultant, Culture Counts, talked to us about playing to win. Where you put your focus and attention helps you win. Brittany Evans, President, Clear Intentions spoke about her story of starting a glass recycling company. Very exciting to see what she and her company are doing with this.

We had a great time at the banquet and the recycled fashion show!

Our October general meeting at Texas T-Bone North Academy was wonderful. Janice Wagner talked to us about Networking and Building Your Tribe. About spending time on LinkedIn as well as Facebook. About mentoring and being mentored. We really enjoyed what she had to say.

November's meeting will be Amy Ochs speaking to us. Her family is deeply rooted in Colorado Springs, so we are looking forward to what she has to tell us. Location TBD.

Congratulations to Naomi Kidd and her family on their newest addition – Weylen.

She is gorgeous!

Berni Mount

Born Mount

NAWIC Pikes Peak Chapter 356 President 2016-2017

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now!

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"We can do it." -- Rosie the Riveter

Board of Directors for 2017-2018

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Valerie Bates

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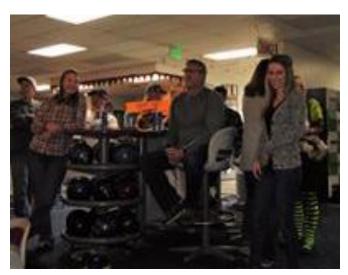
WIC Week – Jennifer Walker 719-546-6829

jennifer.walker@hubinternational.com

BOWL-a-THON



Thank you to our Bowl-a-thon Sponsors!



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A GOOD TIME WAS HAD BY ALL!



APC Conference Report

I attended my first NAWIC Conference ever by going to the PSW APC in Aurora. What a great opportunity to meet other NAWIC Members from across our region! I met ladies from Denver, Phoenix, San Diego, Las Vegas, Hawaii, and more! It was really nice to hang out and spend some time with my own Chapter Members as well. The speakers were educational for the most part I really enjoyed hearing about the growth and renovations at the Anschutz Medical Campus. I was amazed at the innovation, spunk and tenacity from the gal who started the glass recycling company. She's only 29!

My favorite part of APC was our group tour of the Stanley Marketplace on Friday evening. We had our very own tour guide (one of the Owners of the Marketplace) and even witnessed a flash mob of kid zombies dancing to "Thriller" by Michael Jackson. After our tour we went shopping and ate and visited with each other. On Saturday I got to participate in an official Regional Business Meeting. It was very interesting and really put into perspective that we (NAWIC as a

whole) are really leaders and pioneers in our industry.



As more younger women are seeking careers in construction it is up to us to let them know about NAWIC and the amazing support it provides for them personally and professionally. I highly recommend attending a Conference if you are able! Great experience!

Your partner in success,

Allison "Ally" JencsonPresident|CEO, Frontline Floor Coatings *Vice President, NAWIC Pikes Peak 356*



Fall Conference 2017 President-elect Report

The Fall Conference was my first NAWIC conference. I enjoyed getting to know the other ladies from the other chapters. They all have such unique stories, interesting jobs and I love to hear about their experiences with NAWIC.

The hotel was very nice and the tour of the Stanly Marketplace and the story behind it and how it came about was very interesting. It was a very cool place and I loved the flash mob of children (and a few adults) dancing to Michael Jackson's "Thriller".

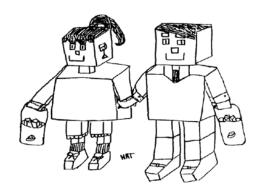
I found the speakers all very interesting and informative. My favorites were Mike Barden, CU Director of Facility Projects and Brittany Evans, Co-Founder and President of Clear Intentions.

I was impressed by the fact that Mike Barden has been involved, from the very beginning, with the planning and construction of The Anschutz Medical Campus. I really liked hearing about how the 230-acre campus was transformed from the Fitzsimons Army Post that closed in the mid-90's.

Brittany's story of how her passion for the earth and wanting to do something to save it pushed her to do something. I loved hearing how she never took no for an answer and has continued to forge forward. I believe she has a gold mine on her hands and will continue to be a leader in her field and an example for others to follow.

In all, it was a very enjoyable weekend. I really enjoyed being with my NAWIC sisters from our chapter and meeting new sisters from the others. If you have an opportunity to go to Fall Conference next year in San Diego I would encourage you to take it.

- Valerie Bates
- President-Elect
- NAWIC Chapter 356



BLOCK KIDS BUILDING PROGRAM

A Lego-building competition

Sponsored by the NATIONAL ASSOCIATION OF WOMEN IN CONSTRUCTION CHAPTER 356

Who: 1st - 6th graders

When: Saturday, February 3, 2018

Where: East Community Meeting Room

The East Library

5550 North Union Boulevard, Colorado Springs

Time: 1:30 p.m. Registration

2:00 p.m. Competition begins

2:30 p.m. Judging begins

There are no fees to enter this competition. Each contestant will receive 100 micro-size Legos to use in building an original structure.

Judging will be based on creativity, use of blocks and an oral interview.

Certificates of participation and gifts will be given to each contestant and those contestants whose structures rank in the top ten will be awarded additional prizes.

Pictures of the first place structure will be sent to the Regional level where it will be judged. Regional winning structures will be sent to the National level where Savings Bonds will be awarded to the top 3 structures.

Contact Karen Mitchell @ (719) 686-7482 or kem0513@aol.com with questions. Fax registrations to (719) 686-7482.

NAWIC EDUCATION FOUNDATION BLOCK KIDS BUILDING PROGRAM

CHAPTER COMPETITION OVERALL RULES

PROGRAM SPONSORS

- A. Any NAWIC Chapter, group, organization, association, or school may be the sponsor for the building competition in their respective area. All contests shall conform to the rules and parameters as set forth by the NAWIC Education Foundation. Only winners from NAWIC Chapters will be eligible to enter the NAWIC Regional competition.
 - 1. Sponsors shall designate the date, time and place for the competition to be held. Local contests shall be held not later than February 10th of each year in order for participants to be eligible for the current year's regional or national competition.
 - 2. The program shall be open for participation to all children enrolled in grades Kindergarten (K) through six (6). Previous National Winners or National Honorable Mention Recipients of the NEF Block Kids Building Program.
 - 3. All construction shall be completed using approved materials only.
 - a. All "blocks" shall be interlocking types of the "Micro" size 2, 4, 6, 8, and 10 posts. (No "Duplo" size blocks).
 - b. Each participant shall have a minimum of 75 and a maximum of 100 blocks with which to complete their project. Use of specialty pieces (windows, doors, wheels, people, animals, etc.) shall be avoided and will disqualify regional and national entries.
 - c. Each participant may also use up to three (3) additional items, supplied by the Sponsor, from the following list:
 - 1. Small rock/stone

not more than two (2) inches in diameter.

2. String

not longer than twelve (12) inches in length.

3. Foil

not larger than 18 inches X 18 inches*

4. Poster Board

not larger than 18 inches X 18 inches*

- *Each of these items may be broken or torn into smaller pieces, provided the child does so without outside assistance. The use of scissors or knife is prohibited.
- d. Each participant may use a combination of three items
- e. Each participant shall be provided with a work area of approximately two (2) feet by two (2) feet on which to build their project.

- f. Each participant shall have a minimum of forty (40) minutes and a maximum of one (1) hour to complete their project. Time starts when all children are ready to begin.
- g. Each child shall be permitted to build the project of their choice, provided that it in some way relates to the construction industry. Construction equipment is acceptable. Sponsors shall use their discretion in determining the acceptability of projects, as relates to their respective area.

****Projects which depict people or animals will not be allowed.

NAWIC CHAPTER COMPETITION - JUDGING

- B. Judging of each project shall be the responsibility of the Sponsor. Judges may be NAWIC members, other association members, local business people, media people, etc. provided that no individual is permitted to judge a participant who is a relative or friend.
 - 1. Judges shall also act as monitors during the building contest. It shall be the responsibility of the judges/monitors to ensure that each child completes the project entirely on their own. It is suggested that parents/guardians be provided with an area away from the children where they may wait until the conclusion of the contest.
 - 2. All judging shall be conducted using the official scoring forms, oral interview questions and other criteria as established by these Guidelines. (Forms BK #2 & BK #3) No other information will be considered in the selection of Chapter, Regional Semi-finalists and National Winners.
 - 3. Sponsors may have as many winning categories as they like. Only one (1) entry per NAWIC Chapter may be sent to the NAWIC Regional Block Kids Committee Representative for further consideration.
 - a. It shall be the sole responsibility of the Sponsor to provide for prize awards, mementos, and/or goody bags, etc., for contest winners and participants. NEF shall provide Certificate of Participation templates and logos upon request.
 - b. Sponsors are encouraged to provide for at least a first place prize and a token memento for each participant.

NAWIC EDUCATION FOUNDATION BLOCK KIDS BUILDING PROGRAM

Official Registration/Entry Form
Please fill out all information requested. Please print legibly.

STUDENT'S NAME:	
MAILING ADDRESS:	
CITY, STATE, PROVINCE, ZIP:	
PARENT/GUARDIAN NAME:	
HOME PHONE NUMBER:	
SCHOOL:	GRADE:
SCHOOL STREET ADDRESS:	
TEACHER:	
CITY, STATE, PROVINCE, ZIP:	
Please select one: Black or African American Hispanic or Latino American Indian or Alaska Native White Asian	SPONSOR: Colorado Springs NAWIC Chapter 356 (Sponsor/Region) PO Box 7455
Native Hawaiian or other Pacific Islander RELEASE	(Mailing Address) <u>Colorado Springs, CO 80933</u> (City/State/Zip)
I hereby consent to the use of my child's name, photography, entry, interview in promoting or publishing this program or the NAWIC Education	(Signature of Representative)
Foundation, now or at a future date. Further, I understand that this entry shall become the sole property of the NAWIC Education Foundation.	Must be received by: <u>January 31, 2018</u>
(Signature of Parent/Guardian)	

(This form must accompany entry at all levels of judging.)

NAWIC Pikes Peak 356

November meeting - Thursday Nov. 16, 2017

5:30 - 6:00 Networking and Order Dinner

Please note we will be ordering dinner as soon as you get there. This insures will be eating at 6 – 6:45

6:00 - 6:45 Dinner - Olive Garden -513 N. Academy Blvd

(across from the Citadel Mall)

(No Cost to Attende will be responsible for own meals off the menu.)

6:45 - 7:30 Program - Amy Ochs - Owner of Peak Lighting

7:30 - 8:00 - Business Meeting



RSVP by Monday, November 13, 2017 to Valerie Bates batesjv@gmail.com 716-649-4615



November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Board Meeting	3	4
5	6	7	8	9	10	11 Happy Birthday Ally Jencsen
12	13	14	15	16 Members Meeting	17	18
19	20	21	22	23 Happy Thanksgiving	24	25
26	27	28	29	30		

If we missed your birthday, it is because we don't have the date, so please let our Membership Committee leader Valerie know!

November 2 - Board Meeting - No live meeting, paperwork only, Nunn Construction

November 11 – Happy Birthday Ally Jencsen

November 19 - Monthly Meeting, short Board meeting afterward

Future Dates:

February 3 – Block Kids



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NAWIC BENEFIT IS A TWO WAY STREET!!! CHECK OUT THE SPONSORS ON WWW.NAWIC.NET

Do you remember that for only \$15 you can advertise your company OR show your personal support to the Pacific Southwest Region Fund? Provide a business card or a Logo of your company and a statement of 75 words or less about your company and we will ask our Web Wizard Will to put it on the site for you from now thru NEXT September...

How? It's easy...

1.Send your business card and check for \$15.00 Payable to Pacific Southwest Region Fund to:

Nancy Eaton
2740 W 5700 N
Cedar City, Utah 84721

2. E Mail me your ad and scan your Logo to:

lvwic@ix.netcom.com

YOUR BENEFIT IS THE AD!! REGIONAL BENEFIT IS THE AD!!



NAWIC BUILD IT UP SPONSORSHIP FORM

I would like to partner with NAWIC Chapter #356 to help fund educational and service projects in the construction industry within our community. I understand my sponsorship will also help with NAWIC Education Foundation programs held throughout the year.

Advertising Opportunity Available...



We are offering you an opportunity to advertise in our monthly NAWIC Newsletter "The Centerline"

The Colorado Springs newsletter is distributed to our members, posted on our website, sent to our Regional Director and is available on the NAWIC Region 8 website.

Business Card Size	\$35.00
1/2 Page	\$75.00
Full Page	\$100.00

Your ad will run for one full year from the time of receipt.

Send your business card or copy and check to:

NAWIC Chapter #356 PO Box 7455 Colorado Springs, CO 80933

Thank you for your support of Colorado Springs NAWIC Chapter #356